



Items Prepared Daily in Our Kitchen

PREPARED FOODS:

- Breaded Chicken Cutlets
- Grilled Lemon Chicken
- Grilled Salmon
- Teriyaki Salmon
- Buffalo Wings
- Blackened Grilled Shrimp
- Brussel Sprouts
- Grilled Vegetables
- Broccoli Cauliflower Oreganata
- Turkey Chili
- Chicken Chili
- Buffalo Bites
- Honey Glazed Chicken Bites
- Mini Chicken Tacos
- Chicken Dumplings
- Mac and Cheese
- Rigatoni Bolognese
- Meatballs Marinara
- Chicken Meatballs
- Quiches: Bacon, Ham Spinach/Mushroom, Broccoli, Plain

COLD SALADS:

- Chicken Salad
- Mandarin Chicken Salad
- Tuna Salad
- Vegetable Tuna Salad
- Shrimp Salad
- Coleslaw
- Macaroni Salad
- Egg Salad
- Potato Salad
- Chickpea
- Three Bean
- Summer Chickpea
- Penne Pasta Salad with Cherry Tomatoes and Mozzarella
- Broccoli Pesto
- Tuscan Quinoa
- Toasted Orzo

GREEN SALADS:

- Mediterranean Chopped Salad
- All American Chopped Salad
- Parmigiana Romaine Salad
- Greek Salad
- Chicken Caesar Salad
- Tossed Salad
- Chef Salad
- Gorgonzola

SKINNY-TO-GO:

- Grilled Chicken Cauliflower Rice
- Chickpea Masala over Cauliflower
- Margarita Flatbread Pizza
- Goat Cheese, Fig and Bacon Flatbread
- Cauliflower Crust Margarita Pizza

CUT UP FRUIT:

- Mixed Fruit
- Cantaloupe
- Honeydew
- Pineapple
- Mango
- Mixed Berries