

460 Montauk Hwy,
West Islip NY 11795
631-620-3744



Please visit
southdownmarketplace.com
for our full catering menu

[Southdownmarketplace.com](https://southdownmarketplace.com)

Eat Better.

MEAT



USDA Prime Beef
Flank
Steak
\$17⁹⁹
LB



USDA Prime Beef
Top Round
London
Broil
\$9⁹⁹
LB



USDA Prime Beef
Boneless
Chuck
Roast
\$9⁹⁹
LB



Choice Beef
Bone In
Shell
Steak
\$15⁹⁹
LB



Choice Beef
Porterhouse
Steak
\$14⁹⁹
LB



Choice Beef
Boneless
NY Strip
Steak
\$17⁹⁹
LB



Bell & Evans
Boneless
Chicken
Breast
\$7⁹⁹
LB



Grade A
Whole
Chicken
\$1⁹⁹
LB



Chairman Reserve
Center Cut
Bone In
Pork
Chops
\$3⁹⁹
LB

PRODUCE



Organic Mexican
Hass
Avocados
2/\$5
EA



Organic
Celery
Hearts
\$2⁹⁹
EA



Organic
Olivia's
Salads
\$5⁹⁹
11 OZ



Sweet
Cantaloupes
2/\$5
EA



Bartlett
Pears
\$1²⁹
LB



Broccoli
Crowns
\$1⁹⁹
LB



Butternut
Squash
88¢
LB

GROCERY

Annie's Natural
Mac & Cheese
Excludes Organic,
Vegan & Grassfed
3/\$5
6 OZ

Ken's
Steakhouse
Salad
Dressing
\$3⁹⁹
16 FL OZ

Bumble Bee
Chunk Light
Tuna
In Oil Or Water
4/\$5
5 OZ

Vigo
Yellow
Rice
2/\$5
16 OZ

OPEN 7 DAYS • 8AM-8PM

SALE DATES: OCTOBER 3RD-OCTOBER 9TH, 2025

FRI
3

SAT
4

SUN
5

MON
6

TUES
7

WED
8

THUR
9

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

GROCERY

Chosen Foods
100% Pure
Avocado
Oil Spray

\$5.99
4.7 OZ



Rao's
Homestyle
Pasta Sauce

\$5.99
24 OZ



Barilla
Pasta Cuts
Classic Blue Box
Only

2/\$4
16 OZ



Red Pack
Canned
Tomatoes

2/\$5
28-29 OZ



Bonne Maman
Fruit
Preserves

\$4.99
13 OZ



Dunkin Donuts
Ground Coffee
Original Only

\$10.99
12 OZ



Gold Medal
All Purpose
Flour

\$3.99
5 LB



Nutella
Hazelnut
Spread

\$3.99
13 OZ



Like Air
Baked
Puffcorn

2/\$7
4 OZ



Unique
Pretzel
Shells

All Varieties
2/\$7
10-11 OZ



San Pellegrino
Sparkling
Water

2/\$5 + TAX & DEP
25.3 FL OZ



White Claw
Hard
Seltzer

\$18.99 + TAX & DEP
12 PK-12 OZ



DAIRY & FROZEN

La Colombe
Cold Brew
Coffee

\$4.99
42 FL OZ



Chobani
Greek Yogurt
Original,
Zero Sugar &
Less Sugar

8/\$10
5.3 OZ



Breakstone's
Whipped
Butter

2/\$7
8 OZ



Sunshine Farms
Organic
Medium
Eggs

\$3.99
1 DOZ



Breyer's
Ice Cream

2/\$9
1.5 QT



Birds Eye
Steamfresh
Vegetables
Family Size

2/\$5
19 OZ



PREPARED FOODS



Lemon Grilled Chicken
AVAILABLE AT THE COUNTER



Carrot Zucchini Fritters
AVAILABLE AT THE COUNTER



Thai Chili Chicken Bites
GRAB & GO



Vegetable Lo Mein
GRAB & GO



Boar's Head
Ovengold
Turkey Breast
1/2 Lb Min



Boar's Head Comb
Firesmith Grilled
Chicken Breast &
American Cheese
1/2 Lb Min



Southdown Marketplace Combo
Bologna &
American Cheese
1/2 Lb Of Ea



Southdown Marketplace Combo
Bologna &
American Cheese
1/2 Lb Of Ea

CHEESE DEPARTMENT • BY THE CHUNK



Domestic
Greek Feta
\$6.99
LB



Monterey
Jack Cheese
\$5.99
LB



Swiss
Emmental
Cheese
\$9.99
LB