

460 Montauk Hwy,
West Islip NY 11795
631-620-3744



Please visit
southdownmarketplace.com
for our full catering menu

Southdownmarketplace.com

Eat Better.

MEAT



USDA Prime Beef
**Top Round
London
Broil** **\$8.99**
LB



USDA Prime Beef
**Flank
Steak** **\$14.99**
LB



USDA Prime Beef
**Boneless
NY Shell
Steak** **\$28.99**
LB



Chairman's Reserve
**Center Cut Bone In
Pork
Chops** **\$3.99**
LB



Chairman's Reserve
**Center Cut Bone In
Pork
Roast** **\$3.49**
LB



American
**Lamb Loin
Chops** **\$13.99**
LB



Bell & Evans
**Whole
Chicken** **\$3.99**
LB



Italian Marinated
**Whole Cut Up
Chicken** **\$3.99**
LB



Stuffed Boneless
**Pork Chops
With Spinach
& Feta** **\$6.99**
LB

PRODUCE



Organic
**Yellow
Bananas** **88¢**
LB



Organic
**Iceberg
Cello Lettuce** **\$3.99**
EA



Organic
**Honeycrisp
Apples** **\$2.99**
LB



Red
**Seedless
Grapes** **\$2.49**
LB



Tropical
Mango **4/\$5**
EA



Mexican
**Hass
Avocados** **5/\$5**
EA



Sweet
**Vidalia
Onions** **88¢**
LB

GROCERY



Heinz
**Tomato
Ketchup**
Squeeze Bottle
2/\$7
20 OZ



Gulden's
**Spicy
Brown
Mustard**
2/\$3
12 OZ



Frank's
**Red Hot
Sauce**
2/\$9
12 OZ



Lipton
**Recipe
Onion
Soup
& Dip Mix**
3/\$5
2 PK-2 OZ

OPEN 7 DAYS • 8AM-8PM

SALE DATES: JAN. 30-FEB. 5, 2026

FRI
30

SAT
31

SUN
1

MON
2

TUES
3

WED
4

THUR
5

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

GROCERY

Graza
Extra Virgin
Olive Oil
\$13.99
25.3 OZ



Rao's
Homestyle
Pasta Sauce
\$5.99
24 OZ



Barilla
Pasta Cuts
Classic Blue Box
Only
3/\$5
16 OZ



Dunkin' Donuts
Coffee
Original Ground Only
\$10.99
12 OZ



Siete
Grain Free
Tortilla Chips
\$3.99
5.5 OZ



Xochitl
Tortilla
Chips
\$3.99
12 OZ



Ortega
Salsa
2/\$7
16 OZ



Unique
Pretzel
Shells
All Varieties
2/\$7
10-11 OZ



Hal's
NY Seltzer
5/\$4
33.8 FL OZ + TAX & DEP



Mott's
100% Clear
Apple Juice
\$3.99
64 OZ



San Pellegrino
Sparkling
Water
2/\$5
25.3 FL OZ + TAX & DEP



Corona
Extra & Light
Beer
Bottles Or Cans
\$18.99
12 PK-12 OZ + TAX & DEPOSIT



DAIRY & FROZEN

Organic
Valley
Milk
\$5.99
64 FL OZ



Chobani
Flips
Yogurt
3/\$4
4.5 OZ



Friendship
Sour
Cream
2/\$5
16 OZ



Sunshine Farms
Jumbo
Eggs
2/\$3
1 DOZ



Friendly's
Ice Cream
\$4.99
1.5 QT



Green Giant
Simply Steam
Vegetable
Box
4/\$5
7-8 OZ



PREPARED FOODS



Classic Chicken
Salad
\$10.99
LB
AVAILABLE AT THE COUNTER



Greek Salad
\$5.99
LB
AVAILABLE AT THE COUNTER



Honey BBQ
Chicken Bites
\$10.99
LB
GRAB & GO



Penne Pasta
With Cligine Mozzarella & Cherry Tomatoes
\$5.99
LB
GRAB & GO



Boar's Head
Deluxe
Ham
\$9.99
1/2 Lb Min



Boar's Head Combo
Low Salt Chicken Breast
& American Cheese
\$9.99
1/2 Lb Of Ea



Citterio
Genoa
Salami
\$9.99
1/2 Lb Min



Danish
Bleu
Cheese
\$9.99
LB

President
Brie
Cheese
\$10.99
LB

Italian Pecorino
Romano
Cheese
\$12.99
LB