

460 Montauk Hwy,
West Islip NY 11795
631-620-3744



Please visit
southdownmarketplace.com
for our full catering menu

Southdownmarketplace.com

Eat Better.

MEAT



USDA Prime Beef
Porterhouse
Steaks **\$18.99**
LB



USDA Prime Beef
Flank
Steaks **\$15.99**
LB



USDA Prime Beef
Bone In
Shell
Steak **\$19.99**
LB



Choice Beef
Top Round
London
Broil **\$8.99**
LB



Chairman's Reserve
Center Cut Boneless
Pork
Chops **\$3.99**
LB



Chairman's Reserve
Center Cut Boneless
Pork
Roast **\$3.49**
LB



Bell & Evans
Boneless
Chicken
Breast **\$7.99**
LB



Grade A
Chicken
Tenders **\$3.99**
LB



Teriyaki Marinated
Chicken
Shish
Kabobs **\$8.99**
LB

PRODUCE



Organic
Boston Butter
Lettuce **\$3.99**
EA



Organic
Yellow
Bananas **89¢**
LB



Organic Sicilia
Squeeze Lemon
Or Lime Juice **3/\$5**
4 OZ



Sweet
Navel
Oranges **5/\$5**
EA



Mexican
Hass
Avocados **5/\$5**
EA

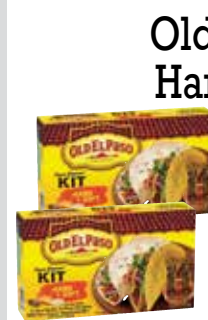


Green
Limes **5/\$4**
EA



Grape
Tomatoes **\$2.99**
1 PINT

GROCERY



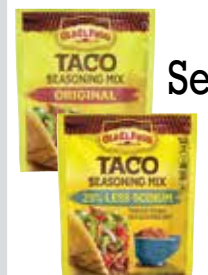
Old El Paso
Hard & Soft
Taco
Kits

2/\$7
11.4 OZ



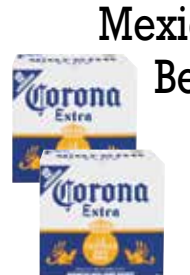
Old El Paso
Refried
Beans

\$1.99
16 OZ



Old El Paso
Taco
Seasoning

99¢
1 OZ



Corona
Mexican Lager
Beer Bottles

\$18.99
12 PK
+ TAX & DEP



SALE DATES: MAY 1ST - 7TH, 2026

FRI 1 SAT 2 SUN 3 MON 4 TUES 5 WED 6 THUR 7

GROCERY

Farma
Extra Virgin
Olive Oil

\$13.99
25.4 FL OZ



Victoria
Pasta
Sauce

\$4.99
24 OZ



Red Pack
Canned
Tomatoes

2/\$4
28-29 OZ



Kraft
Original
Macaroni
& Cheese

2/\$3
7.25 OZ



Lesser Evil
Organic
Popcorn

\$3.99
8 PACK



Deep River
Kettle Cooked
Potato Chips

\$2.99
5 OZ



Calidad
Corn Tortilla
Chips

2/\$5
11 OZ



Late July
Organic
Tortilla
Chips

\$3.99
10.1 OZ



The Mountain Valley
Water
Spring Or Sparkling

\$2.99
33.8 OZ + TAX & DEPOSIT



Culture Pop
Probiotic
Soda

3/\$5
12 FL OZ + TAX & DEPOSIT



OWYN Plant Based
Protein Drink
Excludes Pro Variety

\$3.99
12 FL OZ



Once Upon A
Coconut
Premium
Coconut Water

\$3.99
33.8 OZ



DAIRY & FROZEN



Califia Farms
Organic
Almond
Milk

\$5.49
48 FL OZ



Siggis
Icelandic
Style Skyr
Yogurt

3/\$5
4.4-5.3 OZ



Daisy
Sour Cream
Squeeze
Bottle

2/\$6
14 OZ



Sunshine
Farms
Cage-Free
Large Eggs

\$3.99
18 PK
LIMIT 2 OFFER



Edy's
Ice Cream

2/\$9
1.5 QT



Ore Ida
Fries

\$4.99
19-32 OZ

PREPARED FOODS



Teriyaki
Grilled Chicken

\$12.99
LB

AVAILABLE AT THE COUNTER



Yellow
Rice Pilaf

\$4.99
LB

AVAILABLE AT THE COUNTER



Mini Chicken
Tacos

\$11.99
LB

GRAB & GO



Black Bean &
Corn Salad

\$5.99
LB

GRAB & GO



Boar's Head
Honey Maple
Ham

\$11.99
LB

1/2 Lb Min



Boar's Head
Sliced
Pepperoni

\$6.99
LB

1/2 Lb Min



Boar's Head Combo
Bologna &
American Cheese

\$6.99
LB

1/2 Lb Of Ea



Cotija
Cheese

\$10.99
LB

Stella
Gorgonzola
Cheese

\$9.99
LB

Red Wax
Gouda
Cheese

\$6.99
LB