

460 Montauk Hwy,
West Islip NY 11795
631-620-3744



Please visit
southdownmarketplace.com
for our full catering menu

Southdownmarketplace.com

Eat Better.

<p>MEAT</p> 	<p>USDA Prime Beef Porterhouse Steak</p> <p>\$18.99 LB</p>		<p>USDA Prime Beef Boneless NY Strip Steak</p> <p>\$22.99 LB</p>		<p>USDA Prime Beef Top Sirloin Steak</p> <p>\$14.99 LB</p>
 <p>CLEANED & TRIMMED \$14.99 LB</p>	<p>100% All Natural Whole Filet Mignon Vacuum Pack</p> <p>\$12.99 LB</p>		<p>Choice Beef Bone In Ribeye Steak</p> <p>\$16.99 LB</p>		<p>Choice Beef Top Round London Broil</p> <p>\$8.99 LB</p>
	<p>Bell & Evans Boneless Chicken Breast</p> <p>\$7.99 LB</p>		<p>Marinated Chicken Cutlets All Varieties</p> <p>\$7.99 LB</p>		<p>Fresh Chicken Burgers All Varieties</p> <p>\$6.99 LB</p>

PRODUCE

 <p>USDA ORGANIC</p>	 <p>USDA ORGANIC</p>	 <p>USDA ORGANIC</p>	
<p>Organic Sweet Raspberries</p> <p>\$4.99 6 OZ</p>	<p>Organic Fuji Apples</p> <p>\$1.99 LB</p>	<p>Organic All Varieties Olivia Salads</p> <p>\$3.99 5 OZ</p>	
			
<p>Sweet Whole Watermelon Whole Only</p> <p>69¢ LB</p>	<p>Sweet Raspberries Or Blackberries</p> <p>3/\$10 6 OZ</p>	<p>Green Squash</p> <p>99¢ LB</p>	<p>Sweet Local Corn</p> <p>5/\$3 EA</p>

GROCERY

	
<p>Stacy's Baked Pita Chips</p> <p>2/\$7 6.75-7.33 OZ</p>	<p>Calidad Corn Tortilla Chips</p> <p>2/\$5 11 OZ</p>
	
<p>Like Air Baked Puff Corn</p> <p>2/\$5 4 OZ</p>	<p>From The Ground Up Cauliflower Crackers & Pretzels</p> <p>2/\$7 3.5-4.5 OZ</p>



SALE DATES: MAY 15TH-21ST, 2026

FRI 15	SAT 16	SUN 17	MON 18	TUES 19	WED 20	THUR 21
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GROCERY

Chosen Foods
100% Pure
Avocado Oil
Spray

\$6.99
4.7 OZ



Hoboken Farms
Pasta
Sauce

\$5.99
25 OZ



Barilla
Pasta Cuts
Classic Blue
Box Only

3/\$5
16 OZ



Near East
Couscous
& Rice Pilaf

2/\$5
5.6-10 OZ



Hellmann's
Mayonnaise
Original Only
Squeeze Bottle Only

\$5.99
20 OZ



Bonne Maman
Fruit
Preserves

\$3.99
13 OZ



Lavazza
Ground Coffee
Excludes Hazelnut
& Decaf

\$7.99
12 OZ



Magic Spoon
Protein
Cereal

\$6.99
7 OZ



Adirondack
Sparkling
Water

10/\$8 + TAX
33.8 FL OZ & DEP



Snapple
Iced Tea &
Juices

\$4.99
6 PK-16 OZ



Core
Hydration
Water

4/\$5 + TAX
30.4 OZ & DEP



Heineken
Beer
Bottles

\$9.99 + TAX &
6 PK - 12 FL OZ DEPOSIT



PREPARED FOODS



Lemon
Grilled Chicken

\$12.99
LB

AVAILABLE AT THE COUNTER



Garden
Pasta Salad

\$5.99
LB

AVAILABLE AT THE COUNTER



Buffalo
Chicken Bites

\$10.99
LB

GRAB & GO



Three Bean
Salad

\$5.99
LB

GRAB & GO



Boar's Head
Low Sodium
Turkey

\$11.99
LB

1/2 Lb Min



Boar's Head
London
Broil

\$12.99
LB

1/2 Lb Min



Boar's Head Combo
Low Sodium Chicken
Breast & American
Cheese... 1/2 Lb Of Ea

\$7.99
LB

CHEESE DEPARTMENT • BY THE CHUNK



Italian
Fontina
Cheese

\$9.99
LB



New York Mild
Cheddar Cheese
Yellow Or White

\$5.99
LB



Creamy Danish
Havarti
Cheese

\$9.99
LB

DAIRY & FROZEN



Stonyfield
Organic
Milk

\$4.99
64 FL OZ



Chobani
Greek
Yogurt
Excludes
Creations & Flips

4/\$5
5.3 OZ



Sargento
Shredded
Cheese

2/\$7
7-8 OZ



Starbucks
Iced
Coffee

\$6.99
40-48 FL OZ



Häagen-
Daz
Ice Cream

2/\$9
14 FL OZ

Food For Life
Ezekiel Organic Bread
Excludes Cinnamon
Raisin Variety

\$5.99
24 OZ

