

460 Montauk Hwy,  
West Islip NY 11795  
631-620-3744



Please visit  
southdownmarketplace.com  
for our full catering menu

Southdownmarketplace.com

Eat Better.



Organic Fresh Strawberries **\$5.99** EA



Organic Fresh Lemons **10/\$8** EA



Choice Beef Boneless Rib Eye Steaks **\$14.99** LB



Choice Beef Cowboy Steaks **\$10.99** LB



Fresh Sweet Loose Nectarines **\$1.99** LB



Tropical Golden Pineapples **\$2.99** EA



Choice Beef Bone In Rib Eye Steaks **\$13.99** LB



Sweet Navel Oranges **5/\$5** EA



Small Red Or Pink Grapefruit **5/\$5** EA



USDA Prime Beef Bone In Shell Steaks **\$18.99** LB



USDA Prime Beef Porterhouse Steaks **\$17.99** LB



USDA Prime Beef Boneless NY Strip Steak **\$19.99** LB



Fresh Green Asparagus **\$2.99** LB



Beefsteak Tomatoes **\$1.99** LB



Chaiman's Reserve Whole Baby Back Ribs **\$4.99** LB



Pork Tomahawk Thick Cut **\$5.99** LB



Grassfed Marinated Teriyaki Skirt Steak **\$15.99** LB



Fresh Super Select Cucumbers **5/\$3** EA



Black Beauty Eggplant **\$1.49** LB



Bell & Evans Chicken Party Wings **\$4.99** LB



Nathan's King Size Or Bun Size Hot Dogs **\$3.99** 12 OZ



Schweid & Son's Burgers Excludes Prime & Grassfed **\$9.99** 4 PK



Fresh Green Cabbage **58¢** LB



Fresh Spanish Onions **68¢** LB

**DELI**

Boar's Head Deluxe Ham (1/2 Lb Min) **\$9.99** LB

Boar's Head Combo Low Sodium Chicken Breast & American Cheese (1/2 Lb Each) **\$11.99**

Southdown Marketplace Cheddar Cheese (1/2 Lb Min) **\$6.99**

Southdown Marketplace Combo Genoa Salami & Provolone Cheese (1/2 Lb Min) **\$7.99** LB

**PREP FOODS**

We love food and we know you will love our food. Everyday you will discover appetizing and delicious, freshly prepared foods.

**GET FRESH WITH US!**

Available At The Counter

- Breaded Chicken Cutlets..... **\$10.99** LB
- Vegetable Tuna Salad ..... **\$10.99** LB
- Grilled Vegetables ..... **\$8.99** LB
- Mediterranean Cherry Tomato Medley ..... **\$6.99** LB



Grab & Go Buffalo Chicken Bites **\$10.99** LB

Grab & Go Macaroni & Cheese **\$5.99** LB

Grab & Go Grilled Chicken With Broccoli & Roasted Potatoes **\$11.99** LB

**BAKERY**

St. Pierre Hot Dog Rolls **\$4.99** 9.5 OZ

St. Pierre Hamburger Buns **\$3.99** 7-8.38 OZ

Southdown Marketplace Fresh Garlic Bread **\$3.99** EA

My Dad's Gluten Free Cookies **\$6.99** 6 OZ

**CHEESE DEPARTMENT**  
CHUNK ONLY

Italian Fontina Cheese Chunk Only **\$9.99** LB

New York Mild Cheddar Cheese White Or Yellow **\$5.99** LB

Fresh Mozzarella Cheese Chunk Only **\$7.99** LB

SALE DATES: JUNE 26TH-JULY 2ND, 2026

**OPEN 7 DAYS • 8AM-8PM**

FRI 26 SAT 27 SUN 28 MON 29 TUES 30 WED 1 THUR 2

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

# SPOTLIGHT SAVINGS

Heinz Tomato Ketchup Squeeze Bottle



**\$3.99**  
38 OZ

Hellmann's Real Mayonnaise Original Only



**\$5.99**  
30 OZ

Kraft Macaroni & Cheese Original Only



**4/\$5**  
7.25 OZ

St. Dalfour Fruit Preserves



**\$3.99**  
10 OZ

Lavazza Ground Coffee Excludes Decaf



**\$7.99**  
12 OZ

Mother's Rice Cakes



**3/\$5**  
4.4-4.7 OZ

French's Yellow Mustard



**2/\$5**  
20 OZ

Hustard... It's Honey Mustard



**\$6.99**  
8 OZ

Three Wishes Grain Free Cereal



**\$5.99**  
8.6 OZ

Nutella Hazelnut Spread



**\$3.99**  
13 OZ

Justin's Almond Butter



**\$8.99**  
16 OZ

Bumble Bee Chunk Light Tuna In Oil Or Water



**5/\$5**  
5 OZ

## GROCERY

White Claw Hard Seltzer



**\$17.99**  
12 PK + TAX + DEP

Popp'd Corn Chips



**2/\$5**  
5 OZ

Popsecret Popcorn



**2/\$5**  
5.5 OZ

Voss Water Sparkling Or Spring



**2/\$5**  
27.5 FL OZ + TAX & DEP

Colavita Extra Virgin Olive Oil Limit 2



**\$9.99**  
25.5 OZ

Besto Nut Free And Seed Oil Free Pesto



**\$12.99**  
9 OZ

Skinny Pop Popcorn



**2/\$7**  
4.4 OZ

From The Ground Up Cauliflower Pretzels



**2/\$7**  
4.5 OZ

Culture Pop Probiotic Soda



**3/\$5**  
12 FL OZ + TAX & DEP

C20 Coconut Water



**\$3.99**  
33.8 FL OZ

Essentia Alkaline Water



**3/\$5**  
33.8 FL OZ + TAX & DEP

Sparkling Ice Flavored Water



**3/\$5**  
17 FL OZ + TAX & DEP

Hal's NY Seltzer



**\$4.99**  
8 PK + TAX & DEP

Rao's Homemade Pasta Sauce



**2/\$10**  
24 OZ

Kingsford Matchlight Charcoal



**\$13.99**  
12 LB

Good Health Veggie Chips And Stix



**2/\$7**  
6.75 OZ

Colavita Pasta Cuts



**2/\$5**  
16 OZ

(P)riND Artisanal Oven Baked Paremesean Rind Chips



**\$7.99**  
2.18 OZ

Pringles Potato Snack Original, Cheddar Or Sour Cream & Onion



**2/\$5**  
5.2-5.5 OZ

Kettle Brand Potato Chips



**2/\$6**  
5 OZ

San Merican Canned Tomatoes



**2/\$7**  
28 OZ

Kaizen High Protein Low Carb Pasta Cuts



**\$7.99**  
8 OZ

Heineken Beer Bottles



**\$17.99**  
12 PK + TAX + DEP

## DAIRY

Fage Sour Cream Squeeze Bottle



**2/\$4**  
14 OZ

Florida's Natural Premium Orange Juice



**\$3.99**  
52 FL OZ

Plugra European Butter Salted Or Unsalted



**2/\$7**  
8 OZ

Galbani Mozzarella Cheese



**\$3.99**  
16 FL OZ

Organic Valley Protein Milk



**\$4.99**  
1.5 QT

La Colombe Iced Coffee



**\$4.99**  
48 FL OZ

Skim Plus Milk



**\$4.99**  
1/2 GAL

Eggland's Best Large Cage Free Brown Eggs Limit 1 Offer



**2/\$7**  
1 DOZ

## FROZEN

Turkey Hill Ice Cream



**\$2.99**  
1.5 QT

Ice Cream For Bears Grassfed & Sweetened Only With Raw Honey



**\$7.99**  
14 FL OZ

Dole Frozen Fruit Excludes Raspberries



**2/\$6**  
12-16 OZ

Haagen Daz Ice Cream



**\$3.99**  
14 FL OZ

Evergreen Thick & Fluffy Waffles Hidden Veggies, Protein, Good Source Of Fiber Made With Avocado Oil



**\$5.99**  
9 OZ

Perdue Chicken Nuggets



**\$5.99**  
22-29 OZ