

460 Montauk Hwy,
West Islip NY 11795
631-620-3744



Please visit
southdownmarketplace.com
for our full catering menu

Eat Better.

Southdownmarketplace.com

MEAT



Choice Beef
Bone In Shell Steak

\$15⁹⁹
LB



Bell & Evans Split Bone In
Chicken Breasts



\$5⁹⁹
LB



Chairman's Reserve Boneless
Center Cut Pork Chops



\$3⁹⁹
LB

USDA Prime Beef
Bone-In
Rib Eye
Steak



\$22⁹⁹
LB



USDA Prime Beef
Top Round
London
Broil



\$8⁹⁹
LB



Choice Beef
Porterhouse Steak

\$14⁹⁹
LB



Atlantic
Salmon Fillet

\$14⁹⁹
LB



Lemon Pepper Marinated
Whole Cut Up
Chicken

\$3⁹⁹
LB



Marinated
Chicken Souvalaki
All Varieties

\$7⁹⁹
LB



Choice Beef
Boneless NY Strip Steaks

\$16⁹⁹
LB



Grade A
Chicken Tenders

\$3⁹⁹
LB



Chairman's Reserve Boneless
Pork Roast



\$2⁹⁹
LB

OPEN 7 DAYS • 8AM-8PM

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

SALE DATES: JULY 10-16, 2026

**FRI
10**

**SAT
11**

**SUN
12**

**MON
13**

**TUES
14**

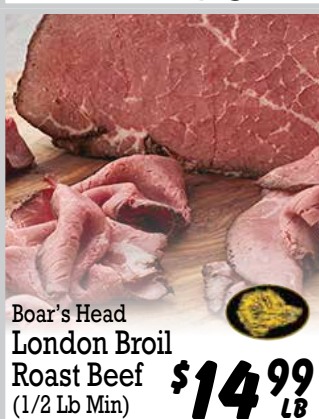
**WED
15**

**THUR
16**

DELI



Boar's Head Buffalo Chicken Breast (1/2 Lb Min) **\$10.99 LB**



Boar's Head London Broil Roast Beef (1/2 Lb Min) **\$14.99 LB**



Boar's Head Combo Honey Turkey Breast & Swiss Cheese (1/2 Lb Ea) **\$8.99 LB**



Greenlawn Farms Combo Virginia Ham & Swiss Cheese (1/2 Lb Ea) **\$7.99 LB**



GRAB & GO Thai Chili Chicken Bites **\$10.99 LB**



GRAB & GO Penne Ala Vodka With Chicken **\$8.99 LB**



GRAB & GO Chicken Dumplings **\$8.99 EA**



GRAB & GO Mexican Bean Salad **\$5.99 LB**



GRAB & GO Italian Hero Ham Cappy, Salami, Pepperoni, Roasted Red Peppers, Lettuce, Tomato, Oil, & Red Vinegar **\$9.99 8 OZ** + TAX

PREP FOODS

We love food and we know you will love our food. Everyday you will discover appetizing and delicious, freshly prepared foods. **EAT BETTER**

Available at the Counter

- Balsamic Grilled Chicken **\$9.99 LB**
- Classic Chicken Salad **\$10.99 LB**
- Superfood Slaw **\$8.99 LB**
- Mixed Roasted Potatoes **\$5.99 LB**



GRAB & GO Orzo Florentine Salad With Spinach & Feta **\$6.99 LB**



GRAB & GO BBQ Chicken Flatbread Pizza **\$5.99 10 OZ**



Southdown Marketplace Cannoli **\$7.99 LB**



Southdown Marketplace 8" Fruit Tarts **\$13.99 EA**



Cafe Valley Vanilla & Chocolate Mini Cupcakes **\$4.99 12 PK**



Store Made Garlic Bread **\$3.99 EA**

BAKERY



Colavita Extra Virgin Olive Oil Limit 2 **\$9.99 25.5 FL OZ**



Dunkin' Ground Coffee Original Only **\$10.99 12 OZ**



Purely Elizabeth Granola & Cereals **\$6.99 8-12 OZ**



Hal's NY Potato Chips **2/\$5 5 OZ**



Sparkling Ice Flavored Water **3/\$5 17 OZ** + TAX & DEP

FROZEN



Edy's Ice Cream **\$3.99 1.5 QT**



McCain Frozen French Fries **2/\$7 14-32 OZ**



Michael's Of Brooklyn Pasta Sauce **\$6.99 32 OZ**



Made Good Organic Granola Minis **\$3.99 4.25 OZ**



My Mother's Rice Cakes **3/5 4.4-4.7 OZ**



Live Love Pop Gourmet Popcorn **\$3.99 4.4 OZ**



Hal's NY Seltzer **\$4.99 8 PK** + TAX & DEP

DAIRY



Birds Eye Steam Fresh Vegetables Bag **2/\$6 10-10.8 OZ**



Tru Fru Chocolate Covered Fruit **\$6.99 8 OZ**



Colavita Organic Pasta Cuts **2/5 16 OZ**



Skippy Peanut Butter **\$2.99 15-16.3 OZ**



Like Air Baked Puffcorn **2/5 4 OZ**



Unique Pretzels All Varieties **\$3.99 11 OZ**



C2O Original Coconut Water **\$3.99 33.8 FL OZ**

DAIRY



Chobani Greek Yogurt Excludes Flip & Creations **4/\$5 5.3 OZ**



Philadelphia Cream Cheese Bar **\$2.99 8 OZ**



Vigo Yellow Rice **2/\$3 10 OZ**



Bonne Maman Fruit Preserves **\$3.99 13 OZ**



Good Crisp Potato Crisps **2/7 5.6 OZ**



Good Health Veggie Chips & Stix **2/\$7 6.75 OZ**



White Claw Spiked Hard Seltzer **\$17.99 12 PK** + TAX & DEP

DAIRY



Stonyfield Organic Milk **\$4.99 64 FL OZ**



Heinz Tomato Ketchup **\$2.99 20 OZ**



Hellmann's Original Mayonnaise Squeeze Bottle **\$5.99 20 OZ**



Gulden's Spicy Brown Mustard **2/\$3 12 OZ**

DAIRY



Cracker Barrel Cheese Chunks **2/\$6 7-8 OZ**



Breakstone's Sour Cream **2/\$5 16 OZ**



Land O Lakes Natural Large Brown Eggs **2/\$7 1 DOZ**

CHEESE DEPARTMENT CHUNK ONLY



Baby Swiss Cheese **\$7.99 LB**



Notre Dame French Brie Cheese **\$10.99 LB**



Danish Dill Havarti Cheese **\$9.99 LB**

PRODUCE

**SWEET
NAVEL
ORANGES**

5 / \$5
EA

**GOLDEN
DELICIOUS
PAPAYA**

\$1.49
LB

**ORGANIC
SEEDLESS
GREEN
GRAPES**



\$3.49
LB

**SWEET YELLOW
BANANAS**

68¢
LB

**SWEET LOOSE
NECTARINES**

\$1.99
LB

**RED DELICIOUS
APPLES**

\$1.29
LB

**ORGANIC
GREEN
BEANS**



\$4.99
12 OZ BAG

**ON THE VINE
STEM
TOMATOES**

\$1.29
LB

**MEXICAN
HASS
AVOCADOS**

5 / \$5
EA

**FRESH
BROCCOLI RABE**

\$2.99
LB

**ORGANIC
OLIVIA'S
CLAMSHELL
SALADS
ALL VARIETIES**



\$3.99
5 OZ

**FRESH GREEN
SQUASH**

99¢
LB

**BLACK BEAUTY
EGGPLANT**

99¢
LB

**YELLOW OR ORANGE
BELL PEPPERS**

\$2.99
LB

**YELLOW CELLO
ONIONS**

2 / \$3
2 LB BAG

