

460 Montauk Hwy,
West Islip NY 11795
631-620-3744



Please visit
southdownmarketplace.com
for our full catering menu

Eat Better.

Southdownmarketplace.com

MEAT



Choice Beef Bone-In
Rib Eye Steaks

\$14⁹⁹
LB



Bell & Evans Boneless
Chicken Breasts



\$6⁹⁹
LB



Chairman's Reserve
Pork Tenderloin



\$4⁹⁹
LB



Choice Beef
Filet Mignon Steaks

\$21⁹⁹
LB



Choice Beef Boneless
Rib Eye Steaks

\$15⁹⁹
LB



Chairman's Reserve Center Cut
Bone In Pork Chops



\$34⁹⁹
LB



Grade A
Chicken Tenders

\$2⁹⁹
LB

USDA Prime Beef
Top Sirloin
Steaks

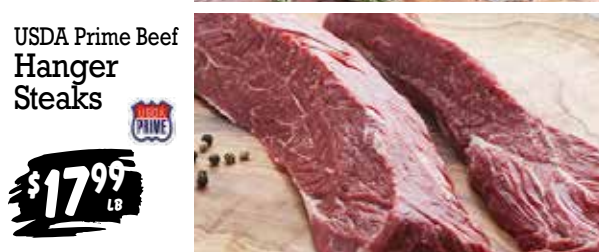


\$12⁹⁹
LB

USDA Prime Beef
Hanger
Steaks



\$17⁹⁹
LB



31-40
Raw Shrimp

\$8⁹⁹
LB



Teriyaki Beef
Shish Kababs

\$8⁹⁹
LB



Italian Sausage
Sweet Or Hot

\$5⁹⁹
LB

OPEN 7 DAYS • 8AM-8PM

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

SALE DATES: JULY 17-23, 2026

**FRI
17**

**SAT
18**

**SUN
19**

**MON
20**

**TUES
21**

**WED
22**

**THUR
23**

DELI



Boar's Head
Deluxe
Ham
(1/2 Lb Min)

\$10⁹⁹
LB



GRAB & GO
Thai Chili
Chicken
Bites

\$10⁹⁹
LB



Boar's Head Combo
Low Sodium Ham
& Lacey Swiss
Cheese
(1/2 Lb Ea)

\$9⁹⁹
LB



GRAB & GO
Macaroni
& Cheese

\$5⁹⁹
LB



Southdown Marketplace
Cracked Pepper
Turkey
(1/2 Lb Min)

\$9⁹⁹
LB



GRAB & GO
Vegetable Lo Mein

\$6⁹⁹
LB



GRAB & GO
Mexican Bean Salad

\$5⁹⁹
LB



GRAB & GO
Italian Hero
Ham Cappy, Salami, Pepperoni, Roasted Red
Peppers, Lettuce, Tomato, Oil, & Red Vinegar

\$9⁹⁹
8 OZ



Southdown Marketplace Combo
Roast Beef & Cheddar
Cheese
(1/2 Lb Ea)

\$11⁹⁹
LB



Italian
Fontina Cheese

\$9⁹⁹
LB



New York
Mild Cheddar Cheese
White Or Yellow

\$5⁹⁹
LB



Danish
Bleu Cheese

\$10⁹⁹
LB

PREP FOODS

We love food and we know you will love our food. Everyday you will discover appetizing and delicious, freshly prepared foods. **EAT BETTER**

Available at the Counter

- Balsamic Grilled Chicken **\$9.99** LB
- Classic Chicken Salad **\$10.99** LB
- Kale Avocado Salad..... **\$9.99** LB
- Mixed Roasted Potatoes **\$5.99** LB




GRAB & GO
Orzo Florentine
Salad With
Spinach & Feta

\$6⁹⁹
LB



GRAB & GO
BBQ Chicken
Flatbread
Pizza

\$5⁹⁹
10 OZ



Southdown Market Place
Tiramisu
Squares

\$5⁹⁹
2 PK



Store Baked
Pound
Cakes

\$5⁹⁹
16 OZ



King's Hawaiian
Sweet &
Butter Rolls

\$4⁹⁹
12 OZ



Southdown Marketplace
Brownie
Large

\$6⁹⁹
6 PK

BAKERY



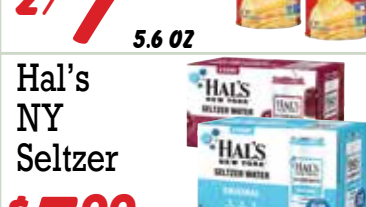
Chosen Foods
Avocado
Oil Spray

\$6⁹⁹
4.7 OZ



Annie's All Natural
Macaroni & Cheese
Excludes Organic,
Vegan & Specialty
Varieties

3/\$5
5.25-6 OZ



Jim's Organic
Whole Bean
Coffee

\$12⁹⁹
11-12 OZ



Good Crisp
Potato
Crisps

2/7
5.6 OZ



San Merican
Pasta Sauce

\$5⁹⁹
23-24 OZ



Brianna's
Salad Dressing
Excludes Avocado Oil
& Organic Varieties

2/\$6
12 OZ



Purely Elizabeth
Organic
Oatmeal

\$5⁹⁹
6 PK



Siete
Grain Free
Tortilla Chips

\$3⁹⁹
5 OZ



Near East
Couscous &
Rice Pilaf

2/\$4
5.6-10 OZ



Purely
Elizabeth
Granola

\$6⁹⁹
8-12 OZ



Magic Spoon
Protein
Cereal

\$6⁹⁹
7 OZ



Popcorners
Popped
Corn Snacks

2/\$7
5 OZ



Barilla
Pasta Cuts
Classic Blue Box Only
Limit 1 Offer

3/\$5
16 OZ



Quaker
Rice Cakes

\$3⁹⁹
4.47-7.4 OZ



Jif
Peanut
Butter

\$2⁹⁹
16 OZ



Lesser Evil
Organic
Popcorn

2/\$6
4.6 OZ



Heinz
Tomato
Ketchup

\$3⁹⁹
38 OZ



Wishbone
Salad
Dressing

2/\$5
15 FL OZ



Stubb's
BBQ
Sauce
Original,
Sticky Sweet
Or Spicy

\$3⁹⁹
18 OZ

CHEESE

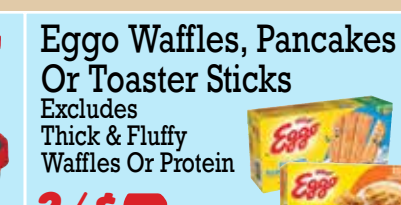
DEPARTMENT CHUNK ONLY

FROZEN



Friendly's
Ice Cream

\$3⁹⁹
1.5 QT



Eggo Waffles, Pancakes
Or Toaster Sticks
Excludes
Thick & Fluffy
Waffles Or Protein

2/\$7
8.4-14.8 OZ

DAIRY



Tropicana Premium
Orange Juice

\$3⁹⁹
46 FL OZ



Land O Lakes
Butter Quarters
Salted Or Unsalted

\$4⁹⁹
1 LB



Boca
Veggie
Burgers

2/\$9
10-12 OZ



Daisy
Sour Cream
Squeeze Bottle

\$2⁹⁹
14 OZ

Stonyfield Organic Milk



\$4⁹⁹
64 FL OZ

Chobani Flips Yogurts Only

3/\$5
4.5 OZ

La Colombe Cold Brew Coffee

\$5⁹⁹
48 FL OZ

Sunshine Farms Large Eggs

99¢
1 DOZ

PRODUCE

WHOLE
**SWEET
WATERMELON**
WHOLE ONLY

59¢
LB

**SWEET RED
SEEDLESS
GRAPES**

\$1.88
LB

ORGANIC
**SWEET
GALA
APPLES**



\$2.49
LB

FRESH
**SWEET
BLUEBERRIES**

3/\$10
1 PT

**SWEET TRAY
YELLOW OR
WHITE
PEACHES**

\$3.49
LB

**SWEET
TROPICAL
MANGOES**

3/\$4
EA

ORGANIC
**EARTHBOUND
FARM
SALADS
ALL VARIETIES**



\$3.99
5 OZ

**GREEN
SQUASH**

89¢
LB

**FRESH
ROMAINE
HEARTS**

2/\$6
EA

**FARM FRESH
ROMA PLUM
TOMATOES**

\$1.29
LB

ORGANIC
**SPRING LEAF
GREEN OR
YELLOW
SQUASH**



2/\$9
2 CT

**FRESH RED
BELL PEPPERS**

\$2.89
LB

**BROCCOLI
CROWNS**

\$2.49
LB

**MINI
PERSIAN
CUCUMBERS**

2/\$5
6 PK

**GOLDEN
YUKON
POTATOES**

\$4.99
5 LB BAG