

460 Montauk Hwy,
West Islip NY 11795
631-620-3744



Please visit
southdownmarketplace.com
for our full catering menu

Eat Better.

Southdownmarketplace.com

MEAT



Choice Beef Bone-In
Rib Eye Steaks

\$15⁹⁹
LB



Bell & Evans Skinless Boneless
Chicken Thighs



\$5⁹⁹
LB



Chairman's Reserve Whole Pork
Baby Back Ribs



\$4⁹⁹
LB

USDA Prime Beef
Porterhouse
Steaks

\$19⁹⁹
LB



USDA Prime Beef
Bone In
Shell Steaks

\$18⁹⁹
LB



Choice Beef
Cowboy Steak

\$13⁹⁹
LB



Atlantic
Salmon Fillet

\$14⁹⁹
LB



Italian Marinated
Chicken Cutlets

\$7⁹⁹
LB



Chicken
Shish Kabobs

\$5⁹⁹
LB



Choice Beef Boneless
Rib Eye Steaks

\$16⁹⁹
LB



Bell & Evans
Party Chicken Wings



\$4⁹⁹
LB



Chairman's Reserve Sliced
Baby Pork Back Ribs



\$5⁹⁹
LB

OPEN 7 DAYS • 8AM-8PM

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

SALE DATES: JULY 24-30, 2026

FRI
24

SAT
25

SUN
26

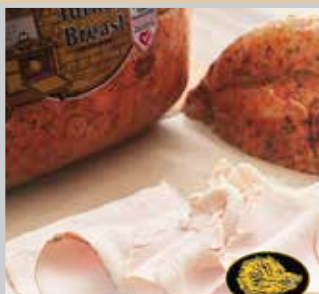
MON
27

TUES
28

WED
29

THUR
30

DELI



Boar's Head
OvenGold
Turkey
(1/2 Lb Min) **\$10⁹⁹** LB



GRAB & GO
Hickory Glazed BBQ
Chicken
Bites **\$10⁹⁹** LB



Boar's Head Combo
Sweet B's Chicken
Breast & Vermont
Cheddar Cheese **\$8⁹⁹** LB
(1/2 Lb Ea)



GRAB & GO
Cheese Ravioli
With Marinara
Sauce **\$8⁹⁹** LB



Southdown Marketplace
Provolone
Cheese **\$7⁹⁹** LB
(1/2 Lb Min)



GRAB & GO
Chicken Stirfry **\$9⁹⁹** LB



GRAB & GO
Fried Eggplant
Flatbread Pizza **\$5⁹⁹** 10 OZ



GRAB & GO
Grilled Chicken
Ceasar Salad Wrap **\$8⁹⁵** 8 OZ + TAX



Southdown Marketplace Combo
Honey Turkey &
Finlandia
Swiss Cheese **\$7⁹⁹** LB
(1/2 Lb Ea)



Notre Dame
French Brie
Cheese **\$11⁹⁹** LB



New York
Mild Cheddar Cheese **\$5⁹⁹** LB
White Or Yellow



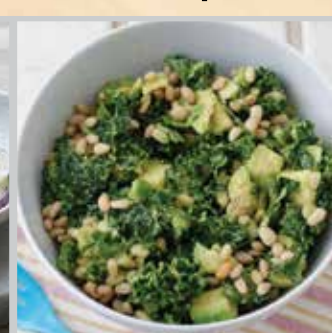
Holland
Smoked Gouda Cheese **\$6⁹⁹** LB

PREP FOODS

We love food and we know you will love our food. Everyday you will discover appetizing and delicious, freshly prepared foods. **EAT BETTER**

Available at the Counter

- Lemon Grilled Chicken **\$9.99** LB
- Crunchy Chili Chicken Salad **\$10.99** LB
- Cucumber Salad With Red Onions **\$5.99** LB
- Kale Avocado Salad **\$10.99** LB




GRAB & GO
Toasted
Orzo **\$6⁹⁹** LB



GRAB & GO
Health
Bean Salad **\$5⁹⁹** LB



Southdown Marketplace
Mississippi
Mud Cake **\$5⁹⁹** 2 PK



Southdown Marketplace
Cinnamon
Roll Single **\$2⁹⁹** EA

BAKERY



Café Valley
Lemon &
Chocolate Cake **\$5⁹⁹** 16 OZ



Southdown Marketplace
Tiramisu
Squares **\$5⁹⁹** 2 PK



Colavita
Extra Virgin
Olive Oil
Limit 2 Offers **\$9⁹⁹** 25.5 FL OZ



Wishbone
Salad
Dressing **\$2⁹⁹** 15 OZ



Gold Medal
All Purpose
Flour **\$3⁹⁹** 5 LB



Kettle Brand
Potato
Chips **\$2⁹⁹** 5 OZ



Voss
Water
Still Or Sparkling
Glass Bottle **2/\$6** +TAX & DEP 27.05 FL OZ

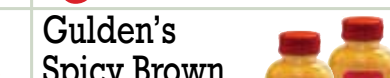
FROZEN

Breyer's Ice Cream **2/\$9** 1.5 QT

Green Giant Riced Cauliflower **\$2⁹⁹** 10-12 OZ



Mutti
Pasta
Saue **\$3⁹⁹** 24 OZ



Gulden's
Spicy Brown
Mustard **2/\$3** 12 OZ



Lavazza
Ground
Coffee **\$9⁹⁹** 12 OZ



Good Crisp
Potato
Crisps **2/7** 5.6 OZ



Snapple
Iced Teas
& Lemonades **2/\$5** 64 OZ

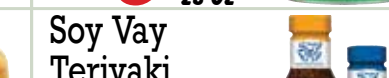


Dole
Frozen Fruit
Excludes
Raspberries **\$3⁹⁹** 12-16 OZ

Mama Rosie's Ravioli **2/\$7** 12 OZ



Tutorosso
Canned
Tomatoes
Excludes San
Marazano Variety **2/\$5** 28 OZ



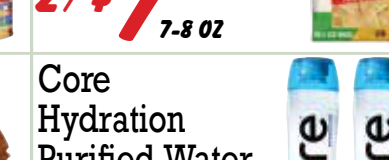
Soy Vay
Teriyaki
Sauce **\$3⁹⁹** 20-22 OZ.



Purely
Elizabeth
Organic
Granola **\$5⁹⁹** 11-12 OZ



Late July
Organic
Tortilla Chips **2/\$7** 7-8 OZ



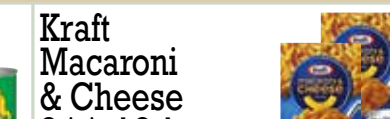
Core
Hydration
Purified Water **2/\$3** +TAX & DEP 30.4 OZ

DAIRY

Florida's Natural Premium Orange Juice **\$3⁹⁹** 52 FL OZ

Hotel Bar Whipped Butter **\$2⁹⁹** 8 OZ

Yoplait Yogurt **10/\$8** 6 OZ



Kraft
Macaroni
& Cheese
Original Only **2/\$3** 7.25 OZ.



Hellmann's
Mayonnaise
Original Only **\$5⁹⁹** 30 OZ



Catalina
Crunch
Protein
Cereal **\$5⁹⁹** 9 OZ



Popcorners
Popped
Corn Snacks **2/\$6** 5 OZ



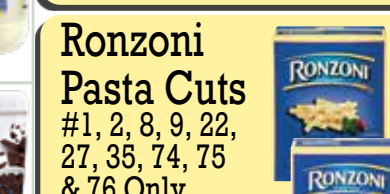
White Claw
Hard
Seltzer **\$18⁹⁹** +TAX & DEP 12 PK



Stonyfield
Organic Milk **\$4⁹⁹** 64 FL OZ



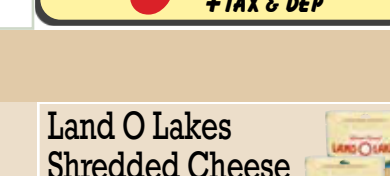
St. Dalfour
Fruit
Preserves **\$3⁹⁹** 10 OZ



Ronzoni
Pasta Cuts
#1, 2, 8, 9, 22,
27, 35, 74, 75
& 76 Only
Limit 1 Offer **4/\$5** 16 OZ



Poppi
Sparkling
Prebiotic
Soda **3/\$5** 12 FL OZ +TAX & DEP



Land O Lakes
Shredded Cheese **2/\$7** 6-8 OZ

Breakstone's Cottage Cheese **2/\$7** 16 OZ

Eggland's Best Large Eggs **2/\$5** 1 OZ
Limit 1 Offer

CHEESE DEPARTMENT CHUNK ONLY

PRODUCE

**SWEET
FUJI
APPLES**

\$1.29
LB

**SWEET
LOOSE
PEACHES**

\$1.49
LB

**ORGANIC
YELLOW
BANANAS**



89¢
LB

**JUICY SMALL
PINK OR RED
GRAPEFRUIT**

5/\$5
EA

**SWEET
RED
PLUMS**

\$1.89
LB

**FRESH
YELLOW
LEMONS**

4/\$2
EA

**ORGANIC
ROMAINE
HEARTS**



\$4.99
EA

**SWEET
YELLOW
CORN**

5/\$3
EA

**FRESH
CELERY
SLEEVE**

\$2.99
EA

**CELLO
ICEBERG
LETTUCE**

\$1.69
EA

**ORGANIC
BABY
PEELED
CARROTS**



2/\$4
1 LB BAG

**FRESH
BEEFSTAK
TOMATOES**

\$1.99
LB

**SUPER SELECT
CUCUMBERS**

5/\$5
EA

**MEXICAN
HASS
AVOCADOS**

5/\$5
EA

**SWEET
YAMS**

89¢
LB