

460 Montauk Hwy,
West Islip NY 11795
631-620-3744



Please visit
southdownmarketplace.com
for our full catering menu

Eat Better.

Southdownmarketplace.com

MEAT



Choice Beef
Bone In Shell Steak

\$14⁹⁹
LB



Bell & Evans Skinless Boneless
Chicken Thighs



\$5⁹⁹
LB



Chairman's Reserve Bone-In
Center Cut Pork Chops



\$34⁹⁹
LB

USDA Prime Beef
Bone-In
Rib Eye
Steak



\$22⁹⁹
LB

USDA Prime Beef
Boneless
Rib Eye
Steak



\$24⁹⁹
LB



Choice Beef
Flank Steak

\$15⁹⁹
LB



Tuna
Steak

\$12⁹⁹
LB



Teriyaki
Chicken Satays

\$7⁹⁹
LB



Choice Beef
Boneless Shell Steaks

\$15⁹⁹
LB



Bell & Evans
Chicken Tenders



\$6⁹⁹
LB



Chairman's Reserve Pork
Tenderloin



\$3⁹⁹
LB



Marinated
Chicken Cutlets
All Varieties

\$7⁹⁹
LB

OPEN 7 DAYS • 8AM-8PM

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

SALE DATES: JULY 31-AUGUST 6, 2026

**FRI
31**

**SAT
1**

**SUN
2**

**MON
3**

**TUES
4**

**WED
5**

**THUR
6**

DELI



Boar's Head
EverRoast Chicken
Breast
(1/2 Lb Min) **\$10.99**
LB



Boar's Head Combo
Genoa Salami &
Picante Sharp Provolone
Cheese
(1/2 Lb Ea) **\$7.99**
LB



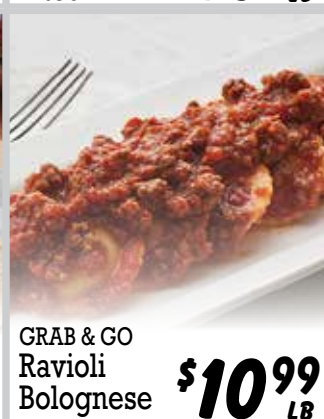
Southdown Marketplace Combo
Peppermill Turkey &
Muenster
Cheese
(1/2 Lb Ea) **\$7.99**
LB



Southdown Marketplace Combo
Virginia Ham &
Swiss
Cheese
(1/2 Lb Ea) **\$6.99**
LB



GRAB & GO
Hickory BBQ
Chicken
Bites **\$10.99**
LB



GRAB & GO
Ravioli
Bolognese **\$10.99**
LB



GRAB & GO
French Onion Pasta
With Chicken Cutlet **\$9.99**
LB



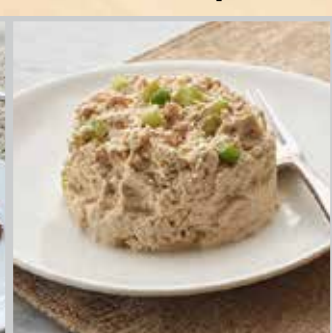
Stella
Gorgonzola
Cheese **\$9.99**
LB

PREP FOODS

We love food and we know you will love our food. Everyday you will discover appetizing and delicious, freshly prepared foods. **EAT BETTER**

Available at the Counter

Balsamic Grilled Chicken **\$9.99** LB
Classic Tuna Salad **\$10.99** LB
Spinach & Artichoke Chicken Bake..... **\$12.99** LB
Garden Vegetable Pasta Salad **\$5.99** LB



CHEESE DEPARTMENT CHUNK ONLY



Holland
Red Wax Gouda
Cheese **\$6.99**
LB



GRAB & GO
Long Island Wrap
Ham, Turkey, Bacon, Swiss,
Lettuces Tomato & Ranch
\$8.99
+ TAX 8 OZ



Baby
Swiss
Cheese **\$7.99**
LB



GRAB & GO
Chickpea
Salad **\$5.99**
LB



GRAB & GO
BLT Pasta
Salad **\$5.99**
LB



Southdown Marketplace
Rainbow
Cookies **\$9.99**
LB



Southdown Marketplace
Chocolate
Chip Cookies **\$4.99**
10 PK

BAKERY GROCERY



Filippo Berio
Olive Oil
Excludes Extra Virgin
Olive Oil **\$7.99**
25.3 FL OZ



Bush's Best
Baked
Beans **2/\$5**
16 OZ



Three Wishes
Grain Free
Cereal **\$4.99**
8.6 OZ



Stacy's
Baked Pita
Chips &
Bagel Chips **2/\$6**
7-7.33 OZ



Vigo
Yellow
Rice **3/\$5**
10 OZ



SMT
San Merican
Canned Tomatoes **2/\$6**
28 OZ



Purely Elizabeth
Organic Protein
Oatmeal **\$3.99**
8.3 OZ



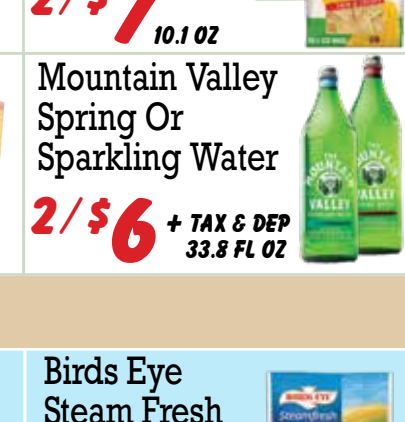
Late July
Organic
Tortilla Chips **2/\$7**
10.1 OZ



Rao's
Homemade
Pasta Sauce **\$5.99**
24 OZ



Bonne Maman
Fruit
Preserves **\$3.99**
13 OZ



Bobo's
Oat
Bites **\$3.99**
6.5 OZ



Hippeas
Chickpea
Snacks **\$2.99**
3.75-4 OZ



Barilla
Pasta Cuts
Classic Blue Box Only
Limit 1 Offer **3/\$5**
16 OZ



Dunkin'
K-Cup Coffee
Original, Hazelnut
& French Vanilla Only
\$9.99
10 CT



Made Good
Organic
Morning
Bars **2/\$7**
5.3 OZ



Deep River
Kettle Cooked
Potato Chips **\$2.99**
5 OZ



Hellmann's
Real
Mayonnaise
Original Only
Squeeze Bottle **\$5.99**
20 FL OZ



Ken's
Steakhouse
Salad
Dressings **2/\$7**
16 FL OZ



Sweet
Baby Ray's
BBQ Sauce **2/\$5**
18 OZ



Philadelphia
Soft Cream Cheese
Excludes Whipped Variety
\$3.99
7.5-8 OZ



Stok
Cold Brew Coffee **\$5.99**
48 FL OZ



Sunshine Farms
Cage Free Large Eggs
Limit 1 Offer **2/\$6**
18 PK

FROZEN



Turkey Hill
Ice Cream **2/\$7**
46 FL OZ



Birds Eye
Steam Fresh
Vegetables **2/\$4**
10-10.8 OZ

DAIRY



Siggi's Skyr Style
Yogurt Limit 1 Offer **8/\$10**
5.3 OZ



Tropicana Premium
Orange Juice **\$3.99**
46 FL OZ



McCain
Frozen
Fries **\$3.99**
14-32 OZ

Breakstone's Butter Quarters



Breakstone's
Butter Quarters
Limit 2 Offers **\$3.99**
16 OZ



Farmalnd
Organic Milk **\$4.99**
64 FL OZ



Philadelphia
Soft Cream Cheese
Excludes Whipped Variety
\$3.99
7.5-8 OZ

PRODUCE

SEEDLESS
WATERMELON
WHOLE ONLY

69¢
LB

SWEET
HONEY CRISP
APPLES

\$1.99
LB

ORGANIC
SWEET
FUJI
APPLES



\$2.49
LB

SWEET TRAY
WHITE OR YELLOW
NECTARINES

\$3.99
LB

JUICY
BLACK
PLUMS

\$1.99
LB

SWEET
TANGERINES

\$4.99
3 LB BAG

ORGANIC
HASS
AVOCADOS



2 / \$4
EA

FRESH
LIMES

8 / \$2
EA

FRESH SNOW
CAULIFLOWER

\$2.99
EA

CELLO
WHITE
MUSHROOMS

2 / \$5
8 OZ

ORGANIC
CELLO
CARROTS



\$2.99
2 LB BAG

ROMA
PLUM
TOMATOES

\$1.29
LB

ENGLISH
HOT HOUSE
CUCUMBERS

2 / \$3
EA

FRESH
GREEN KALE
OR
COLLARD
GREENS

\$1.49
LB

CELLO
YELLOW
ONIONS

2 / \$3
2 LB BAG