

460 Montauk Hwy,
West Islip NY 11795
631-620-3744



Please visit
southdownmarketplace.com
for our full catering menu

Eat Better.

Southdownmarketplace.com

MEAT



Choice Beef Bone-In
Rib Eye Steaks

\$14⁹⁹
LB



Grade A
Chicken Tenders

\$1⁹⁹
LB



Chairman's Reserve Bone-In
Center Cut Pork Chops

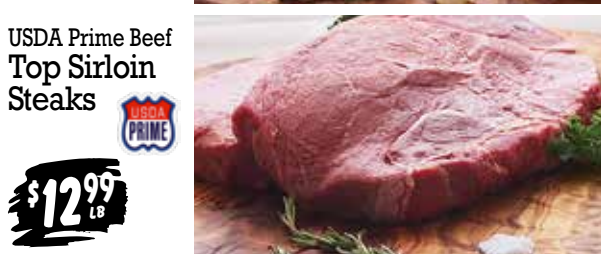
\$3⁴⁹
LB

USDA Prime Beef
Boneless
Shell
Steaks

\$24⁹⁹
LB

USDA Prime Beef
Top Sirloin
Steaks

\$12⁹⁹
LB



Choice Beef
Cowboy Steak

\$13⁹⁹
LB



Choice Beef Boneless
Rib Eye Steaks

\$15⁹⁹
LB



Chairman's Reserve Pork Whole
Baby Back Ribs

\$4⁹⁹
LB



Chairman's Reserve Pork
Tenderloin

\$3⁹⁹
LB



Tilapia
Fillet

\$5⁹⁹
LB



Lemon Pepper Marinated
Whole Cut Up
Chicken

\$3⁹⁹
LB



Handmade
Chicken Burgers
All Varieties

\$5⁹⁹
LB

OPEN 7 DAYS • 8AM-8PM

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

SALE DATES: AUGUST 14-20, 2026

FRI
14

SAT
15

SUN
16

MON
17

TUES
18

WED
19

THUR
20

DELI



Boar's Head
Low Salt
Turkey
(1/2 Lb Min)

\$11⁹⁹
LB



Boar's Head Combo
Buffalo Chicken
Breast & American
Cheese
(1/2 Lb Ea)

\$7⁹⁹
LB



Southdown Marketplace Combo
Dilusso Genoa Salami
& Provolone
Cheese
(1/2 Lb Ea)

\$7⁹⁹
LB



Southdown Marketplace Combo
Turkey Breast &
American
Cheese
(1/2 Lb Ea)

\$7⁹⁹
LB



GRAB & GO
Honey Glazed
Chicken
Bites

\$10⁹⁹
LB



GRAB & GO
Mozzarella
Sticks

\$8⁹⁹
LB



GRAB & GO
Chicken
Stir Fry

\$9⁹⁹
LB



Domestic
Greek Feta

\$6⁹⁹
LB

PREP FOODS

We love food and we know you will love our food. Everyday you will discover appetizing and delicious, freshly prepared foods. **EAT BETTER**

Available at the Counter

Balsamic Grilled
Chicken **\$9.99** LB

Mexican
Coleslaw **\$5.99** LB

Vegetable Tuna
Salad **\$10.99** LB

Mixed Roasted
Potatoes **\$5.99** LB





GRAB & GO
Margarita
Flatbread Pizza

\$5⁹⁹
10 OZ



GRAB & GO
Breaded Chicken Cutlet
With Mozzarella & Pesto
Sauce

\$9⁹⁹
+ TAX 8 OZ



Monterey Jack
Cheese

\$5⁹⁹
LB



Swiss
Emmental Cheese

\$8⁹⁹
LB



GRAB & GO
Tri-Color
Quinoa Salad

\$9⁹⁹
LB



GRAB & GO
Southwest
Sweet Potato
Salad

\$5⁹⁹
LB



GRAB & GO
Breaded Chicken Cutlet
With Mozzarella & Pesto
Sauce

\$9⁹⁹
+ TAX 8 OZ



Southdown Marketplace
Mini Truffles
Chocolate Balls

\$3⁹⁹
EA

BAKERY



Southdown Marketplace
Crumb
Cakes

\$4⁹⁹
2 PK



Southdown Marketplace
Rainbow
Cookies

\$9⁹⁹
LB



Southdown Marketplace
Brownies
Small Pack
All Varieties

\$3⁹⁹
3 PK



Southdown Marketplace
Mini Truffles
Chocolate Balls

\$3⁹⁹
EA



Grazia
Extra Virgin
Olive Oil

\$13⁹⁹
25.3 FL OZ



Annie's
Macaroni &
Cheese
Excludes Vegan,
Grassfed & Organic

3/\$5
5.25-6 OZ



Folgers
Coffee
Original Only

\$6⁹⁹
9.6 OZ



Green Mountain
Yellow Corn
Tortilla Strips

2/\$7
8 OZ



Essentia
Alkaline
Water

3/\$5
33.8 FL OZ
+ TAX & DEP

FROZEN



Edy's
Ice Cream

\$4⁹⁹
1.5 QT



Alexia
Frozen
Fries

\$5⁹⁹
13.5-28 OZ



Colavita
Organic
Pasta Cuts

2/5
16 OZ



Progresso
Bread Crumbs
Plain Or Seasoned

2/\$4
15 OZ



Skippy
Peanut
Butter

2/\$6
15-16.3 OZ



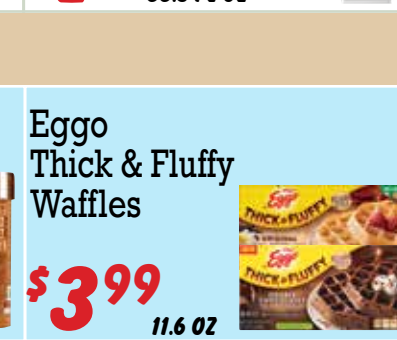
Calidad
Tortilla
Chips

2/\$5
11 OZ



Real Coco
Organic
Coconut Water

\$2⁹⁹
33.8 FL OZ



Eggo
Thick & Fluffy
Waffles

\$3⁹⁹
11.6 OZ



Italian
Village
Ravioli

2/\$5
12 OZ



Victoria
Pasta
Sauce

\$6⁹⁹
24 OZ



Domino
Granulated
Sugar

\$3⁹⁹
4 LB BAG



Made Good
Organic
Granola Bars

2/\$6
4.25-5.1 OZ



Like Air
Puffcorn

2/\$5
4 OZ



Fever Tree
Mixers
Glass Bottles

\$3⁹⁹
4 PK-6.8 FL OZ
+ TAX & DEP

DAIRY



Tropicana Premium
Orange Juice

\$3⁹⁹
46 FL OZ



Daisy
Sour Cream

2/\$6
16 OZ



Chobani
Flip Yogurts

4/\$3
4.5 OZ



Hunt's
Canned
Tomatoes

2/\$5
28 OZ



Hustard
It's Honey
Mustard

\$6⁹⁹
8 FL OZ



Magic Spoon
Protein
Cereal

\$6⁹⁹
7 OZ



Live Love
Pop Gourmet
Popcorn

2/\$7
4.4 OZ



Heineken
Beer
Bottles

\$9⁹⁹
6 PK-12 FL OZ
+ TAX & DEP



Organic Valley
Organic Milk

\$4⁹⁹
64 FL OZ



Stubb's
BBQ
Sauce
Original, Spicy
& Sticky Sweet

\$3⁹⁹
18 OZ



Heinz
Tomato
Ketchup
Squeeze Bottle

\$2⁹⁹
20 OZ



Near East
Rice Pilaf Or
Couscous
Varieties

2/\$4
5.6-10 OZ



Hotel Bar
Butter Quarters
Salted Or Unsalted
Limit 2 Offers

\$3⁹⁹
16 OZ



Borden
Shredded Cheese

2/\$6
7-8 OZ



Sunshine Farms
Pasture Raised Large Eggs
Limit 1 Offer

2/\$6
DOZ

PRODUCE

**SWEET
LOOSE
PEACHES**

\$1.29
LB

**SWEET
GOLDEN
PAPAYAS**

\$1.49
LB

**ORGANIC
SWEET
STRAWBERRIES**



\$5.99
EA

**SWEET SEEDLESS
RED OR GREEN
GRAPES**

\$2.49
LB

**SWEET
TROPICAL
MANGOES**

4/\$5
EA

**FRESHLY PICKED
BLUEBERRIES**

\$2.99
PT

**ORGANIC
FRESH
GALA
APPLES**



\$2.49
LB

**FRESH
LIMES**

6/\$1.98
EA

**FRESH
SPINACH
BUNCH**

2/\$4
EA

**GARDEN FRESH
BEEFSTEAK
TOMATOES**

\$1.88
LB

**ORGANIC
OLIVIA'S
CLAMSHELL
SALADS
ALL VARIETIES**



\$3.99
5 OZ

**CRISPY
GREEN
PEPPERS**

99¢
LB

**SWEET
VIDALIA
ONION**

99¢
LB

**FRESH
RED OR GREEN
LEAF LETTUCE**

2/\$4
EA

**FRESH
GREEN
ZUCCHINI**

99¢
LB