



460 Montauk Hwy,
West Islip NY 11795
631-620-3744



Please visit
southdownmarketplace.com
for our full catering menu



Southdownmarketplace.com

Eat Better.

MEAT



Choice Beef
Bone In
**Rib Eye
Steak**

\$14⁹⁹
LB



Grade A
**Chicken
Tenders**

\$2⁹⁹
LB



Chairman's
Reserve
**Pork
Tenderloin**

\$3⁹⁹
LB



Choice Beef Boneless
NY Strip Steak

\$13⁹⁹
LB

Choice Beef
Boneless
**Rib Eye
Steaks**

\$15⁹⁹
LB

Grade A
**Boneless
Chicken
Breast**

\$2⁴⁹
LB

Chairman's Reserve
Center Cut
**Boneless
Pork
Chop**

\$3⁴⁹
LB



USDA Prime Beef
**Top Round
London
Broil**

\$8⁹⁹
LB



USDA Prime Beef
**Round
Cubes**

\$7⁹⁹
LB



Atlantic
Salmon Fillet

\$12⁹⁹
LB



John F Martin
Bacon
All Varieties

\$5⁹⁹
16 OZ



Handmade
Chicken Burgers
All Varieties

\$5⁹⁹
LB

Back to School



**OPEN 7 DAYS
8AM-8PM**

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS. WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

SALE DATES: AUGUST 28-SEPTEMBER 3, 2026

**FRI
28**

**SAT
29**

**SUN
30**

**MON
31**

**TUES
1**

**WED
2**

**THUR
3**

DELI



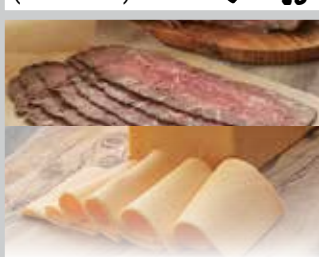
Boar's Head
Sweet B's BBQ
Chicken Breast
(1/2 Lb Min) **\$10⁹⁹**
LB



Boar's Head Combo
Honey Ham &
Swiss Cheese
(1/2 Lb Of Ea) **\$6⁹⁹**
LB



Southdown Marketplace
Double Roasted
Turkey Breast
(1/2 Lb Min) **\$9⁹⁹**
LB



Southdown Marketplace Combo
Roast Beef &
Cheddar Cheese
(1/2 Lb Of Ea) **\$12⁹⁹**
LB



GRAB & GO
Thai Chili
Chicken
Bites **\$10⁹⁹**
LB



GRAB & GO
Penne Ala
Vodka **\$7⁹⁹**
LB



GRAB & GO
Vegetable
Lo Mein **\$6⁹⁹**
LB



GRAB & GO
Goat Cheese
& Fig
Flatbread
Pizza **\$5⁹⁹**
10 OZ



GRAB & GO
Tuscan
Chicken
Wrap **\$8⁹⁵**
+ TAX 8 OZ



CHEESE
DEPARTMENT CHUNK ONLY



Notre Dame
French Brie Cheese **\$10⁹⁹**
LB



Holland
Red Wax Gouda
Cheese **\$6⁹⁹**
LB



Port Wine
Cheddar Cheese **\$10⁹⁹**
LB

PREP FOODS

We love food and we know you will love our food.
Everyday you will discover appetizing and delicious,
freshly prepared foods. **EAT BETTER**

Available at the Counter

Teriyaki Grilled
Chicken.....**\$9.99** LB

Classic Tuna
Salad**\$10.99** LB

Greek
Salad**\$5.99** LB

Kale Avocado
Salad**\$9.99** LB




GRAB & GO
Bowtie Pasta With
Gorgonzola
Cheese **\$6⁹⁹**
LB



GRAB & GO
Black Bean &
Corn Salad **\$5⁹⁹**
LB

BAKERY



Southdown Marketplace
Tiramisu
Squares **\$5⁹⁹**
2 PK



Southdown Marketplace
Apple
Puffs **\$3⁹⁹**
6 PK



Southdown Marketplace
8"
Fruit Tarts **\$13⁹⁹**
EA



Southdown Marketplace
Rainbow
Cookies **\$9⁹⁹**
LB

GROCERY

Filippo Berio
Olive Oil **\$7⁹⁹**
25.3 FL OZ

Pillsbury
All Purpose
Flour **\$3⁹⁹**
5 LB

Three Wishes
Grain Free
Cereal **\$4⁹⁹**
8.6 OZ

Stacy's
Baked Pita &
Bagel Chips **\$2⁹⁹**
7-7.33 OZ

La Croix
Sparkling
Water **\$5⁹⁹**
12 PK-12 OZ + TAX & DEP

FROZEN

Edy's
Ice Cream **\$4⁹⁹**
1.5 QT

Udi's
Gluten Free
Frozen Bagels **\$5⁹⁹**
14 OZ

SMT
San Marzano
Canned Tomatoes **2/\$6**
28 OZ

Vigo
Yellow
Rice **3/\$5**
10 OZ

Purely Elizabeth
Organic Protein
Oatmeal **\$3⁹⁹**
8.3 OZ

Food Should Taste
Good Tortilla
Chips **\$2⁹⁹**
5.5 OZ

Mountain Valley
Water
Spring Or Sparkling **\$2⁹⁹** + TAX & DEP 33.8 FL OZ

DAIRY

Eggo Waffles, Pancakes Or
Toaster Sticks
Excludes Thick & Fluffy
Waffles Or Protein **\$3⁹⁹**
8.4-14.8 OZ

Caulipower
Pizza **\$7⁹⁹**
10.9-11.3 OZ

Rao's
Homemade
Pasta Sauce **\$6⁹⁹**
24 OZ

Bonne Maman
Fruit
Preserves **\$3⁹⁹**
13 OZ

Bobo's
Oat
Bites **\$3⁹⁹**
6.5 OZ

Hippeas
Chickpea
Snacks **\$2⁹⁹**
3.5-4 OZ

Once Upon
Coconut
Water **\$3⁹⁹**
33.8 FL OZ

DAIRY

Farmalnd
Organic Milk **\$4⁹⁹**
64 OZ

Oui
French Style Yogurt **2/\$4**
5 OZ

La Colombe
Cold Brew Coffee **\$5⁴⁹**
48 FL OZ

Barilla
Pasta Cuts
Classic Blue Box Only
Limit 1 Offer **3/\$5**
16 OZ

Dunkin'
K-Cups
Original, Hazelnut &
French Vanilla **\$9⁹⁹**
10 CT

Made Good
Organic Morning
Bars **\$3⁹⁹**
5.3 OZ

Deep River
Kettle Cooked
Potato Chips **\$2⁹⁹**
5 OZ

Brooklyn
Lager
Beer Bottles **\$10⁹⁹** + TAX & DEP 6 PK-12 OZ

DAIRY

Dannon
Light & Fit Yogurt **2/\$3**
5.3 OZ

Bush's Best
Baked
Beans **2/\$5**
16 OZ

Ken's
Steakhouse
Salad
Dressings **2/\$7**
16 FL OZ

Sweet
Baby Ray's
BBQ Sauce **\$2⁹⁹**
18 OZ

DAIRY

Breakstone's
Butter Quarters
Salted Or Unsalted **\$3⁹⁹**
16 OZ

Danimals **\$4⁹⁹**
4 PK

Eggland's Best
Large Eggs **\$3⁹⁹**
1.5 OZ

PRODUCE

