

460 Montauk Hwy,
West Islip NY 11795
631-620-3744



Please visit
southdownmarketplace.com
for our full catering menu

Eat Better.

Southdownmarketplace.com

MEAT



Choice Beef
Filet Mignon Steaks

\$21⁹⁹
LB



Grade A Boneless
Chicken Breasts

\$2⁹⁹
LB



Chairman's Reserve Pork Whole
Baby Back Ribs

\$4⁹⁹
LB

USDA Prime Beef
Boneless
NY Strip
Steaks

\$24⁹⁹
LB

USDA Prime Beef
Flank
Steaks

\$17⁹⁹
LB



Choice Beef
Cowboy Steak

\$14⁹⁹
LB



Choice Beef
Porterhouse Steak

\$16⁹⁹
LB



Grade A
Chicken Party Wings

\$2⁴⁹
LB



Chairman's Reserve Pork
Tenderloin

\$3⁹⁹
LB



Atlantic
Salmon Fillet

\$12⁹⁹
LB



Marinated
Chicken Souvalaki
All Varieties

\$7⁹⁹
LB



Handmade
Chicken Burgers
All Varieties

\$5⁹⁹
LB

OPEN 7 DAYS • 8AM-8PM

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

SALE DATES: AUGUST 7-13, 2026

FRI
7

SAT
8

SUN
9

MON
10

TUES
11

WED
12

THUR
13

DELI



Boar's Head
Deluxe
Ham
(1/2 Lb Min) **\$9.99 LB**



Boar's Head Combo
Genoa Salami &
Sharp Provolone
Cheese
(1/2 Lb Ea) **\$8.99 LB**



Southdown Marketplace Combo
Honey Turkey &
Finlandia
Swiss Cheese **\$8.99 LB**
(1/2 Lb Ea)



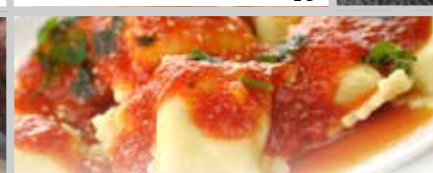
Southdown Marketplace Combo
Roast Beef & Cheddar
Cheese **\$12.99 LB**
(1/2 Lb Ea)



GRAB & GO
Thai Chili
Chicken
Bites **\$10.99 LB**



GRAB & GO
Macaroni
& Cheese **\$5.99 LB**



GRAB & GO
Cheese Ravioli With
Marinara Sauce **\$9.99 LB**



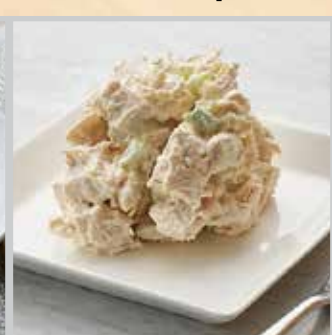
New York
Mild Cheddar Cheese **\$5.99 LB**
White Or Yellow

PREP FOODS

We love food and we know you will love our food. Everyday you will discover appetizing and delicious, freshly prepared foods. **EAT BETTER**

Available at the Counter

- Teriyaki Grilled Chicken **\$9.99 LB**
- Classic Chicken Salad **\$10.99 LB**
- Cauliflower Parmesan Steaks **\$8.99 LB**
- Kale Avocado Salad **\$9.99 LB**



GRAB & GO
Fried Eggplant
Flatbread Pizza **\$5.99 10 OZ**



GRAB & GO
Italian Hero
Ham Cappy, Salami, Pepperoni, Roasted Red Peppers, Lettuce, Tomato, Oil, & Red Vinegar **\$9.99 8 OZ**



GRAB & GO
Broccoli Pesto
Pasta Salad **\$6.99 LB**



GRAB & GO
Three Bean
Salad **\$5.99 LB**



Southdown Marketplace
Sliced
Cheesecake **\$4.99 EA**



Southdown Marketplace
Rice
Pudding **\$3.49 EA**



Antonia's
Gluten Free
Vanilla Cake **\$8.99 14 OZ**



Southdown Marketplace
Homemade
Cannolis **\$9.99 LB**

BAKERY



Filippo Berio
Olive Oil **\$9.99 50.7 FL OZ**



Vigo
Yellow
Rice **2/\$5 16 OZ**



Dunkin'
Ground
Coffee
Original Only **\$10.99 12 OZ**



Unique
Pretzels
All Varieties **\$3.99 11 OZ**



San Pellegrino
Sparkling
Water **\$2.99 + TAX & DEP 25.3 FL OZ**



Breyer's
Ice Cream **2/\$9 1.5 QT**



Bagel
Bites
Oven Baked
Snack **\$2.99 7 OZ**



Carbone
Pasta
Sauce **\$5.99 24 OZ**



Heinz
Tomato
Ketchup **\$4.99 38 OZ**



Purely
Elizabeth
Cereal **\$6.99 11 OZ**



Popcorners
Popped
Corn Snacks **\$2.99 5 OZ**



C2O
Coconut
Water **\$3.99 33.8 FL OZ**



Ben & Jerry's
Ice Cream **\$4.99 1 PINT**



Morning Star
Plant Based
Burgers &
Patties **\$4.99 8-10 OZ**



Redpack
Canned
Tomatoes **2/\$4 28-29 OZ**



French's
Yellow
Mustard **2/\$5 20 OZ**



Nature's Bakery
Fig Bars **\$4.99 6 PK**



Skinny Pop
Popcorn **\$3.99 4.4 OZ**



Bloom
Sparkling
Energy
Drink **\$2.99 + TAX & DEP 12 FL OZ**



Turkey Hill
Tea & Lemonade **2/\$5 64 FL OZ**



Chobani
Greek Yogurt
Excludes Flip & Creations
Limit 1 Offer **10/\$10 5.3 OZ**



Luigi
Vitelli
Pasta **2/\$3 16 OZ**



Progresso
Bread
Crumbs **2/\$7 24 OZ**



Jif
Peanut
Butter **\$2.99 15-16 OZ**



Snack Factory
Pretzels
Crisps
Excludes Pop'ums **\$3.99 7.2 OZ**



White Claw
Spiked Hard
Seltzer **\$17.99 + TAX & DEP 12 PK-12 FL OZ**



Starbucks
Iced Coffee **\$6.99 40-48 FL OZ**



Breakstone Butter
Salted Or Unsalted
Quarters **\$2.99 8 OZ**



Brianna's
Salad
Dressing
Excludes Avocado
Oil & Organic
Varieties **\$3.99 12 OZ**



Chosen
Foods
100% Pure
Avocado
Spray **\$5.99 4.7 OZ**



Chock Full O' Nuts
Ground
Coffee
Excludes
Colombian **\$7.99 10-11 OZ**



Friendship
Sour Cream **\$2.99 16 OZ**



Sunshine Farms
Cage Free Jumbo Eggs
Limit 1 Offer **2/\$5 DOZ**

CHEESE DEPARTMENT CHUNK ONLY



Muenster
Cheese **\$6.99 LB**



Baby
Swiss
Cheese **\$7.99 LB**



Southdown Marketplace
Homemade
Cannolis **\$9.99 LB**

FROZEN



Breyer's
Ice Cream **2/\$9 1.5 QT**



Bagel
Bites
Oven Baked
Snack **\$2.99 7 OZ**



Ben & Jerry's
Ice Cream **\$4.99 1 PINT**



Morning Star
Plant Based
Burgers &
Patties **\$4.99 8-10 OZ**

DAIRY



Turkey Hill
Tea & Lemonade **2/\$5 64 FL OZ**



Chobani
Greek Yogurt
Excludes Flip & Creations
Limit 1 Offer **10/\$10 5.3 OZ**



Starbucks
Iced Coffee **\$6.99 40-48 FL OZ**



Breakstone Butter
Salted Or Unsalted
Quarters **\$2.99 8 OZ**



Friendship
Sour Cream **\$2.99 16 OZ**



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Cage Free Jumbo Eggs
Limit 1 Offer **2/\$5 DOZ**

PRODUCE

