

460 Montauk Hwy,
West Islip NY 11795
631-620-3744

Southdownmarketplace.com



Please visit
southdownmarketplace.com
for our full catering menu

Eat Better.

MEAT

Choice Beef
Boneless
NY Strip
Steak

\$14.99
LB

Chairman's Reserve
Pork
Tenderloin

\$4.99
LB

Grade A
Chicken
Drumsticks

\$1.49
LB



Choice Beef
First Cut Brisket

\$13.99
LB

Choice Beef
Porterhouse
Steaks

\$16.99
LB

Chairman's Reserve
Boneless
Pork
Butt

\$2.99
LB

Grade A
Chicken
Tenders

\$3.99
LB



USDA Prime Beef
Boneless
Eye
Round
Roast

\$8.99
LB

USDA Prime Beef
Top Round
London
Broil

\$8.99
LB



Fresh
Basa Filet

\$5.99
LB



Fresh Stuffed Boneless
Chicken Thighs
With Spinach & Feta

\$5.99
LB



Handmade
Chicken Burgers
All Varieties

\$5.99
LB

SALE DATES: SEPTEMBER 11-17, 2026

FRI
11

SAT
12

SUN
13

MON
14

TUES
15

WED
16

THUR
17

Rosh Hashanah

DELI



Boar's Head
Deluxe
Ham
(1/2 Lb Min)

\$9⁹⁹_{LB}



Boar's Head Combo
Genoa Salami &
Domestic Provolone
Cheese
(1/2 Lb Ea)

\$7⁹⁹_{LB}



Southdown Marketplace
Honey Maple
Turkey
Cbreast
(1/2 Lb Min)

\$9⁹⁹_{LB}



Southdown Marketplace
Bologna &
American
Cheese
(1/2 Lb Ea)

\$4⁹⁹_{LB}



GRAB & GO
Buffalo
Chicken Bites

\$10⁹⁹_{LB}



GRAB & GO
Mozzarella
Sticks

\$7⁹⁹_{LB}



GRAB & GO
Chicken
Stir Fry

\$10⁹⁹_{LB}



CHEESE
DEPARTMENT CHUNK ONLY



Domestic
Greek Feta

\$6⁹⁹_{LB}

PREP FOODS

We love food and we know you will love our food.
Everyday you will discover appetizing and delicious,
freshly prepared foods. **EAT BETTER**

Available at the Counter

Lemon Dill
Salmon**\$22.99**_{LB}

Tzimmes
(Sweet Potato, Carrots, Apricots, Raisins & Brown Sugar)**\$9.99**_{LB}

Vegetable Tuna
Salad**\$10.99**_{LB}

Mixed Roasted
Potatoes**\$5.99**_{LB}



GRAB & GO
Margarita
Flatbread
Pizza

\$5⁹⁹_{10 OZ}



GRAB & GO
Breaded Chicken
Cutlet With
Mozzarella &
Pesto Sandwich

\$9⁹⁹_{8 OZ}
+ TAX



GRAB & GO
Health
Bean Salad

\$5⁹⁹_{LB}



GRAB & GO
Penne Pasta
With Ciligne
Mozzarella &
Cherry Tomatoes

\$5⁹⁹_{LB}



Howard Wein
Eggs & Raisin
Challah
Bread

\$4⁹⁹_{13-17 OZ}



Swiss
Emmental
Cheese

\$8⁹⁹_{LB}



Southdown Marketplace
Pound
Cakes

\$5⁹⁹_{16 OZ}



Southdown Marketplace
Brownie
Large

\$6⁹⁹_{6 PK}



Southdown Marketplace
Baklava

\$6⁹⁹_{EA}

BAKERY GROCERY



Grazia
Extra Virgin
Olive Oil

\$14⁹⁹_{25.3 FL OZ}



Like Air
Puffcorn

2/\$5_{4 OZ}



Golden Blossom
Honey
Premium Pure Honey

\$8⁴⁹_{16 OZ}

FROZEN



Haagen Dazs
Ice Cream

2/\$9_{14 FL OZ}



McCain Frozen
French Fries

\$3⁹⁹_{19-32 OZ}



Colavita
Organic
Pasta Cuts

2/5_{16 OZ}



Calidad
Tortilla
Chips

2/\$5_{11 OZ}



Kedem
Concord Grape
Juice

\$2⁹⁹_{22 FL OZ}

DAIRY



Italian
Village
Ravioli

2/\$5_{12 OZ}



Kodiak
Power Flap Jack
& Waffles

\$5⁴⁹_{10.72 OZ}



Victoria
Pasta
Sauce

\$6⁹⁹_{24 OZ}



Real Coco
Organic
Coconut Water

2/\$7_{33.8 FL OZ}



Gold's
Borscht

\$2⁹⁹_{24 OZ}

DAIRY



Daisy
Sour Cream

2/\$5_{16 OZ}



Chobani Flips
Yogurts

3/\$5_{4.5 OZ}



Hunt's
Canned
Tomatoes

2/\$5_{28 OZ}



Hustard
It's Honey
Mustard

\$6⁹⁹_{8 FL OZ}



Yahrzeit
Memorial
Candle

99¢_{1 CT + TAX}

DAIRY



Horizon Organic Milk
Excludes DHA & Chocolate
Varieties

\$5⁴⁹_{64 OZ}



Stubb's
BBQ Sauce
Original, Spicy
& Sticky Sweet

\$3⁹⁹_{18 OZ}



Heinz
Tomato
Ketchup

\$2⁹⁹_{20 OZ}



Near East
Rice Pilaf Or
Couscous

2/\$5_{5.6-10 OZ}

DAIRY



Cracker Barrel
Cheese Chunk

2/\$7_{7-8 OZ}



Sunshine Farms
Cage Free Large Eggs
Limit 2 Offers

\$3⁹⁹_{18 CT}

PRODUCE

**SWEET
HONEYCRISP
APPLES**

\$1.69
LB

**RED
SEEDLESS
GRAPES**

\$1.99
LB

**ORGANIC
YELLOW
BANANA**



89¢
LB

**SWEET
POMEGRANATES**

\$3.99
EA

**SWEET
MINEOLA
ORANGES**

5/\$5
EA

**SWEET
JUMBO
KIWI**

4/\$5
EA

**ORGANIC
JUMBO
YELLOW
LEMONS**



5/\$5
EA

**MEXICAN
HASS
AVOCADOS**

5/\$5
EA

**SNOW WHITE
CAULIFLOWER**

2/\$5
EA

**FRESH
CELERY
SLEEVE**

2/\$3
EA

**ORGANIC
SWEET
STRAWBERRIES**



\$6.99
16 OZ

**LOOSE
ROMAINE
LETTUCE
EXCLUDES HEARTS**

2/\$3
EA

**FRESH
BUNCH
CARROTS**

\$1.69
EA

**FRESHLY HARVESTED
BUTTERNUT
SQUASH**

89¢
LB

**LOOSE
SPANISH
ONION**

79¢
LB