

460 Montauk Hwy,
West Islip NY 11795
631-620-3744

Southdownmarketplace.com



Please visit
southdownmarketplace.com
for our full catering menu

Eat Better.

MEAT

Choice Beef
Bone In
Rib Eye
Steak

\$15⁹⁹
LB

Chairman's Reserve
Whole Pork
Baby Back
Ribs

\$4⁹⁹
LB

Grade A
Party
Chicken
Wings

\$2⁹⁹
LB

Choice Beef
Short Ribs

\$10⁹⁹
LB

Choice Beef
Boneless
Rib Eye
Steaks

\$16⁹⁹
LB

Chairman's Reserve
Center Cut
Bone In
Pork
Chop

\$3⁹⁹
LB

Grade A
Boneless
Chicken
Breast

\$2⁹⁹
LB

USDA Prime Beef
Top Sirloin
Steaks

\$10⁹⁹
LB

USDA Prime Beef
Flank
Steaks

\$17⁹⁹
LB

Tilapia
Fillet

\$5⁹⁹
LB

Chicken
Cordon Bleu
Stuffed With Ham & Swiss Cheese

\$6⁹⁹
LB

Balsamic Marinated
Whole Cut Up
Chicken

\$3⁹⁹
LB

OPEN 7 DAYS • 8AM-8PM

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

SALE DATES: SEPTEMBER 18-24, 2026

**FRI
18**

**SAT
19**

**SUN
20**

**MON
21**

**TUES
22**

**WED
23**

**THUR
24**

DELI



Boar's Head
Lower Sodium
Turkey Breast
(1/2 Lb Min)

\$11⁹⁹
LB



Boar's Head Combo
EverRoast Chicken
Breast & Munster
Cheese
(1/2 Lb Ea)

\$8⁹⁹
LB



Southdown Marketplace Combo
Double Roasted
Turkey & Provolone
Cheese
(1/2 Lb Ea)

\$8⁹⁹
LB



Southdown Marketplace
Boiled
Ham
(1/2 Lb Min)

\$6⁹⁹
LB



GRAB & GO
Honey Glazed
Chicken Bites

\$10⁹⁹
LB



GRAB & GO
Penne Ala
Vodka

\$8⁹⁹
LB



GRAB & GO
Cold
Sesame
Noodles

\$6⁹⁹
LB



Baby
Swiss Cheese

\$6⁹⁹
LB

PREP FOODS

We love food and we know you will love our food. Everyday you will discover appetizing and delicious, freshly prepared foods. **EAT BETTER**

Available at the Counter

Teriyaki Grilles
Chicken **\$9.99** LB

Classic Tuna
Salad..... **\$10.99** LB

Greek
Salad **\$5.99** LB

Kale Avocado
Salad..... **\$9.99** LB






GRAB & GO
Cold
Sesame
Noodles

\$6⁹⁹
LB



CHEESE
DEPARTMENT CHUNK ONLY



Holland
Smoked Gouda Cheese

\$6⁹⁹
LB



GRAB & GO
Chicken
Parmesan
Flatbread
Pizza

\$5⁹⁹
10 OZ



Danish Dill
Havarti Cheese

\$9⁹⁹
LB



GRAB & GO
Health
Bean Salad

\$5⁹⁹
LB



GRAB & GO
Penne Pasta
With Ciligne
Mozzarella &
Cherry Tomatoes

\$5⁹⁹
LB



GRAB & GO
Grilled
Chicken
Caesar Salad
Wrap

\$8⁹⁵
8 OZ
+ TAX



Southdown Marketplace
8"
Fruit Tarts

\$13⁹⁹
EA



Southdown Marketplace
Tiramisu
Squares

\$5⁹⁹
EA

BAKERY



Southdown Marketplace
Rainbow
Cookies

\$9⁹⁹
LB



Southdown Marketplace
Black & White
Mousse

\$3⁹⁹
EA



Southdown Marketplace
8"
Fruit Tarts

\$13⁹⁹
EA



Southdown Marketplace
8"
Fruit Tarts

\$13⁹⁹
EA



Southdown Marketplace
Tiramisu
Squares

\$5⁹⁹
EA

GROCERY

Chosen Foods
100% Pure
Avocado Spray

\$5⁹⁹
4.7 FL OZ

Hellmann's
Mayonnaise
Original Only

\$5⁹⁹
30 OZ

Gold Medal
All Purpose
Flour

\$3⁹⁹
5 LB

Kettle Brand
Potato
Chips

\$2⁹⁹
5 OZ

Manischewitz
Egg
Noodles

2/\$5
12 OZ

FROZEN

Edy's
Ice Cream

\$4⁹⁹
1.5 QT

Birds Eye
Steam Fresh
Vegetables

4/\$5
10 OZ

Tutorosso
Canned Tomatoes
Excludes San Marazano
Variety

2/\$5
28 OZ

Wishbone
Salad
Dressing

\$2⁹⁹
15 OZ.

St. Dalfour
Fruit
Preserves

\$3⁹⁹
10 OZ

Food Should
Taste Good
Tortilla Chips

2/\$7
5.5 OZ

Howard Wein
Challah Bread

\$4⁹⁹
13-17 OZ

DAIRY

Wyman's
Frozen
Fruit

\$3⁹⁹
12-15 OZ

Perdue
Chicken Nuggets,
Bites Or Strips

\$7⁹⁹
20-24 OZ

Kraft
Original Macaroni
& Cheese

2/\$3
7.25 OZ

Gulden's
Spicy Brown
Mustard

2/\$3
12 OZ

General Mills
Cheerios
Original &
Honey Nut

\$4⁹⁹
12-15.4 OZ

Core PH
Balanced Purified
Water

2/\$3 +TAX & DEP
30.4 FL OZ

Lilly's
Rugelach
All Varieties

\$4⁹⁹
8 OZ

DAIRY

Gold's
Horseradish

2/\$4
6 OZ

Fage Greek Yogurt
Limit 1 Offer

8/\$10
5.3 OZ

Philadelphia
Soft Cream Cheese
Excludes Whipped

\$3⁹⁹
7.5-8 OZ

Rice-A-Roni
Rice Mix

2/\$4
6.4-7.2 OZ

Pacific
Organic
Broth

\$3⁹⁹
32 FL OZ

Ocean Spray
Original Cocktail
Cranberry Juice
Excludes 100%

2/\$7
64 OZ

Heineken
Beer
Bottles

\$9⁹⁹ +TAX & DEP
6 PK

Southdown Marketplace
Baked Babka
Round

\$4⁹⁹
EA

DAIRY

Lactaid
Lactose Free Milk

\$3⁹⁹
64 OZ

Lavazza
Ground
Coffee
Excludes Decaf

\$8⁹⁹
12 OZ

Purely
Elizabeth
Organic
Granola

\$5⁹⁹
11-12 OZ

Ronzoni
Pasta Cuts
#1, 2, 8, 9, 22, 27,
35, 74, 75 & 76 Only

2/\$3
16 OZ

Sargento
Shredded Cheese

2/\$7
7-8 OZ

Daisy
Cottage Cheese

\$2⁹⁹
16 OZ

Sunshine Farms Cage Free
Medium Eggs
Limit 1 Offer

2/\$5
1 OZ

PRODUCE

