

460 Montauk Hwy,
West Islip NY 11795
631-620-3744

Southdownmarketplace.com



Please visit
southdownmarketplace.com
for our full catering menu

Eat Better.

MEAT

Choice Beef
Fillet
Mignon
Steak

\$22⁹⁹
LB

Grade A
Chicken
Tenders

\$2⁹⁹
LB

Chairman's Reserve
Pork
Tenderloin

\$3⁹⁹
LB

Choice Beef
Flank Steaks

\$13⁹⁹
LB

Choice Beef
Hanger
Steaks

\$17⁹⁹
LB

Grade A
Boneless
Chicken
Breast

\$2⁹⁹
LB

Whole Pork
Baby Back
Ribs

\$4⁹⁹
LB

USDA Prime Beef
Top Round
London
Broil

\$8⁹⁹
LB

USDA Prime Beef
Eye Round
Roast

\$7⁹⁹
LB

Fresh
Tuna Steaks

\$10⁹⁹
LB

Perdue Prepacked
Chicken Nuggets

2/\$5
12 OZ

Fresh Stuffed Boneless
Chicken Thighs
With Spinach & Feta

\$5⁹⁹
LB

OPEN 7 DAYS • 8AM-8PM

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

SALE DATES: SEPTEMBER 25-OCTOBER 1, 2026

FRI
25

SAT
26

SUN
27

MON
28

TUES
29

WED
30

THUR
1

DELI



Boar's Head Combo
Honey Turkey & Lacey
Swiss Cheese
(1/2 Lb Ea) **\$8⁹⁹** LB



Boar's Head
Honey Maple
Ham
(1/2 Lb Min) **\$8⁹⁹** LB



Southdown Marketplace
Roast Beef
(1/2 Lb Min) **\$15⁹⁹** LB



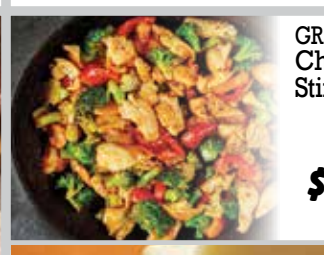
Land O Lakes
American
Cheese
(1/2 Lb Min) **\$6⁹⁹** LB



GRAB & GO
Buffalo
Chicken Bites **\$10⁹⁹** LB



GRAB & GO
Chicken
Parmesan
Over Penne **\$8⁹⁹** LB



GRAB & GO
Chicken
Stir Fry **\$9⁹⁹** LB



Notre Dame
French Brie Cheese **\$10⁹⁹** LB

PREP FOODS

We love food and we know you will love our food.
Everyday you will discover appetizing and delicious,
freshly prepared foods. **EAT BETTER**

Available at the Counter

Teriyaki Grilled
Chicken**\$10.99** LB

Yellow Rice
Pilaf.....**\$5.99** LB

Vegetable Tuna
Salad**\$10.99** LB

Mixed Roasted
Potatoes**\$5.99** LB



GRAB & GO
Mexican
Bean Salad **\$5⁹⁹** LB



GRAB & GO
BLT
Pasta Salad **\$5⁹⁹** LB



GRAB & GO
Turkey
Delight Wrap **\$8⁹⁹** 8 OZ
+ TAX



GRAB & GO
Fried
Eggplant
Flatbread
Pizza **\$5⁹⁹** 10 OZ

BAKERY



Southdown Marketplace
Tiramisu
Squares **\$5⁹⁹** 2 PK



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Sliced
Cheesecake **\$3⁹⁹** EA



St. Pierre
Mini
Croissants **\$7⁹⁹** 7.4 OZ



Superior On Main
Chocolate
Eclair **\$4⁹⁹** 9.75-12 OZ

GROCERY

Graza
Extra Virgin
Olive Oil
\$14⁹⁹ 25.3 FL OZ

Nutrail
Granola
\$6⁹⁹ 8 OZ

Pillsbury
All Purpose
Flour
\$3⁹⁹ 5 LB

Cape Cod
Kettle
Potato Chips
2/\$6 5 OZ

Mountain Valley
Spring Or Sparkling
Water
2/\$6 33.8 FL OZ
+ TAX & DEP

Edy's
Ice Cream
\$4⁹⁹ 1.5 QT

Ore Ida
Natural
Fries
\$3⁹⁹ 19-32 OZ

Perdue
Chicken Nuggets,
Bites Or Strips
\$7⁹⁹ 20-24 OZ

Barilla
Pasta Cuts
Classic Blue Box Only
Limit 1 Offer
3/\$5 16 OZ

Purely Elizabeth
Protein
Oatmeal
\$4⁹⁹ 8.3 OZ

Lotus Biscoff
Cookie Butter
Spread
\$5⁹⁹ 14.1 OZ

Popcorners
Popped
Chips
2/\$7 5 OZ

Just Ice Tea
Organic
Iced Tea
All Flavors
2/\$4 16 OZ

Tropicana Premium
Orange Juice
\$3⁹⁹ 46 FL OZ

Oui
French Style Yogurt
2/\$4 5 OZ

Galbani
Ricotta Cheese
\$4⁹⁹ 16 OZ

Annie's Natural
Macaroni & Cheese
Excludes Organic, Vegan
& Grassfed
2/\$4 5.25-6 OZ

Magic Spoon
Protein
Cereal
\$6⁹⁹ 7 OZ

RX
Protein
Bars
2/\$5 1.83 OZ

Snack Factory
Pretzels
Crisps
10 Pack
2/\$6 10 OZ

Stella Artois
Imported Beer
Bottles And Cans
\$18⁹⁹ 12 PK
+ TAX & DEP

Farmland
Organic Milk
\$4⁹⁹ 64 FL OZ

Fage
Greek Yogurt
2/\$7 16 OZ

Pillsbury
Ready To Bake Cookies
\$4⁹⁹ 16 OZ

Chosen Foods
100% Pure
Avocado
Spray
\$5⁹⁹ 4.7 FL OZ

Brianna's
Salad
Dressing
Excludes Avocado
Oil & Organic
Varieties
2/\$7 12 FL OZ

Mother's
Rice
Cakes
2/\$4 4.4-4.47 OZ

CHEESE

DEPARTMENT CHUNK ONLY



Baby
Swiss Cheese **\$6⁹⁹** LB



Holland
Smoked Gouda Cheese **\$6⁹⁹** LB

FROZEN

DAIRY

EGGS

PRODUCE

