

460 Montauk Hwy,
West Islip NY 11795
631-620-3744

Southdownmarketplace.com



Please visit
southdownmarketplace.com
for our full catering menu

Eat Better.

MEAT

Choice Beef
Bone In
Shell
Steak

\$12⁹⁹
LB

Grade A
Thin Sliced
Chicken
Cutlets
Family
Pack

\$3⁹⁹
LB

Chairman's Reserve
Center Cut
Bone In
Pork
Chop

\$3⁴⁹
LB



Choice Beef
Flank Steaks

\$15⁹⁹
LB

Choice Beef
Boneless
NY Strip
Steaks

\$14⁹⁹
LB

Natural
Ground
Chicken
Breast

\$2⁹⁹
LB

Chairman's Reserve
Center Cut
Bone In
Pork
Roast

\$2⁴⁹
LB



USDA Prime Beef
Bottom
Round
Roast

\$8⁹⁹
LB



USDA Prime Beef
Top Sirloin
Steaks

\$14⁹⁹
LB



Fresh
Basa Filet

\$5⁹⁹
LB



Apple Stuffed Boneless
Turkey Breast

\$6⁹⁹
LB



Schweid & Sons
Beef Burgers

Excludes Prime, Grassfed & Katana

\$11⁹⁹
4 PK

OPEN 7 DAYS • 8AM-8PM

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

SALE DATES: OCTOBER 16-22, 2026

FRI
16

SAT
17

SUN
18

MON
19

TUES
20

WED
21

THUR
22

DELI



Boar's Head
Lower Sodium
Turkey Breast
(1/2 Lb Min)

\$11⁴⁹
LB



Boars Head Combo
Cracked Pepper Turkey
& Muenster
Cheese
(1/2 Lb Ea)

\$7⁹⁹
LB



Southdown Marketplace
Honey Maple
Ham
(1/2 Lb Min)

\$7⁹⁹
LB



Southdown Marketplace Combo
Genoa Salami &
Provolone
Cheese
(1/2 Lb Ea)

\$7⁹⁹
LB



GRAB & GO
Hickory BBQ
Chicken Bites

\$10⁹⁹
LB



GRAB & GO
Rigatoni
Bolognese

\$8⁹⁹
LB



GRAB & GO
Classic
Macaroni &
Cheese

\$5⁹⁹
LB



GRAB & GO
Margarita
Flatbread
Pizza

\$5⁹⁹
10 OZ



GRAB & GO
Ham Delight
Wrap

\$8⁹⁹
8 OZ
+ TAX



CHEESE
DEPARTMENT CHUNK ONLY



Monterey
Jack Cheese

\$5⁹⁹
LB



Red Wax
Gouda
Cheese

\$6⁹⁹
LB



Danish Creamy
Havarti Cheese

\$9⁹⁹
LB

PREP FOODS

We love food and we know you will love our food.
Everyday you will discover appetizing and delicious,
freshly prepared foods.

EAT BETTER

Available at the Counter

Lemon Grilled Chicken
Cutlets**\$10.99** LB

Sesame Cold
Noodles**\$6.99** LB

Classic Chicken
Salad**\$10.99** LB

Mixed Roasted
Potatoes**\$4.99** LB



GRAB & GO
Black Bean &
Corn Salad

\$5⁹⁹
LB



GRAB & GO
Penne Pasta With
Cherry Tomatoes &
Ciligine
Mozzarella

\$5⁹⁹
LB



Southdown Marketplace
Brownies

\$2⁹⁹
3 PK



Southdown Marketplace
Rice
Pudding

2/\$5
EA



Antonia's
Gluten Free
Muffins

\$6⁹⁹
4 PK



Old Fashion
Pies
Apple, Blueberry
Or Cherry

\$6⁹⁹
24 OZ

BAKERY



Colavita
Extra Virgin
Olive Oil
1 Liter

\$16⁹⁹
33.8 FL OZ



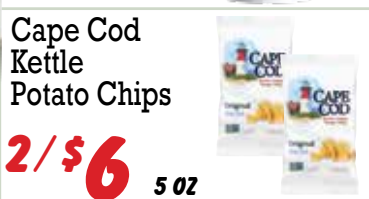
Brianna's
Salad Dressing
Excludes Avocado Oil
& Organic Varieties

2/\$7
12 OZ



Catalina
Crunch
Protein Cereal

\$6⁹⁹
8-9 OZ



Cape Cod
Kettle
Potato Chips

2/\$6
5 OZ



Core PH
Balanced Purified
Water

4/\$5 + TAX & DEP
30.4 FL OZ

FROZEN



Breyer's
Ice Cream

\$4⁹⁹
1.5 QT



Mrs T's
Pierogies

2/\$6
16 OZ



Carbone
Pasta
Sauce

\$6⁹⁹
24 OZ



Kraft
Macaroni
& Cheese
Original Only

2/\$3
7.25 OZ



Nutrail
Nut
Granola

\$6⁹⁹
8 OZ



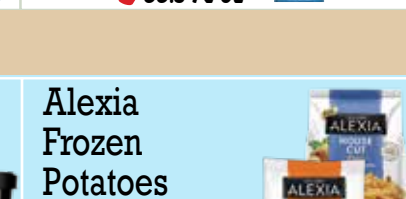
Siete
Kettle
Potato Chips

\$4⁹⁹
5.5 OZ



C2O
Original
Coconut Water

2/\$7
33.8 FL OZ



Alexia
Frozen
Potatoes

\$5⁹⁹
13.5-28 OZ



Tyson
Chicken
Wings

\$10⁹⁹
16 OZ



Tuttorosso
Canned Tomatoes
Excludes San Marazano
Variety

2/\$4
28 OZ



Pam
Original
Cooking Spray

\$3⁹⁹
6 OZ



Lavazza
Ground Or Whole
Bean Coffee
Excludes Decaf

\$7⁹⁹
10.6-12 OZ



Skinny
Dipped
Almonds

\$3⁹⁹
3.5 OZ



Hal's
NY
Seltzer

\$5⁹⁹ 8 PK
+ TAX & DEP

DAIRY



Florida's Natural Premium
Orange Juice

\$3⁹⁹
52 FL OZ



Land O Lakes
Butter Quarters
Limit 2 Offers

\$3⁹⁹
1 LB



Borden
Shredded Cheese

2/\$6
8 OZ



Near East
Couscous &
Rice Pilaf

2/\$5
5.7-10 OZ



Gold Medal
All Purpose
Flour

\$3⁹⁹
5 LB



Nueats
Pure Honey
Bear

2/\$5
12 OZ



Popcorners
Popped
Chips

2/\$6
5 OZ



Corona
Lager Beer
Bottles

\$18⁹⁹ 12 PK
+ TAX & DEP



Califia
Almond Milk

\$3⁹⁹
48 FL OZ



St. Dalfour
Fruit
Preserves

\$4⁹⁹
10 OZ



Barilla
Pasta Cuts
Classic Blue
Box Only

3/\$5
16 OZ



Halloween
Candy
Fun Size
Varieties

\$5⁹⁹
6-10.83 OZ



Polly-O Ricotta Cheese
Original Or Part Skim
Limit 2 Offers

\$4⁹⁹
32 OZ



Polly-O Mozzarella Cheese
Whole Milk Or Part Skim

\$3⁹⁹
16 OZ



Eggland's Best
Large White Eggs
Limit 1 Offer

2/\$5
1 OZ

PRODUCE

**SWEET SEEDLESS
RED OR GREEN
GRAPES**

\$1.99
LB

**SWEET NY
APPLES
IN TOTE
WHOLE BAG
BY WEIGHT**

\$1.29
LB

**ORGANIC
SWEET
RASPBERRIES**



\$4.99
6 OZ

**RIPE
CARA CARA
ORANGES**

5/\$5
EA

**FRESH
YELLOW
LEMONS
IN A BAG**

\$2.99
2 LB BAG

**SWEET
BARTLETT
PEARS**

\$1.39
LB

**ORGANIC
FRESHLY HARVEST
SPAGHETTI
SQUASH**



\$1.99
LB

**GARDEN FRESH
ROMA PLUM
TOMATOES**

\$1.39
LB

**BLACK BEAUTY
EGGPLANT**

99¢
LB

**CRISPY
GREEN
PEPPERS**

99¢
LB

**ORGANIC
OLIVIA'S
SALADS
ALL VARIETIES**



\$3.99
5 OZ

**FRESH
CELERY
SLEEVE**

99¢
EA

**SWEET
YAMS**

89¢
LB

**LOOSE
SPANISH
ONION**

79¢
LB

**9" FALL MUMS,
CABBAGE OR
KALE PLANTS**

2/\$11
EA + TAX

