

460 Montauk Hwy,
West Islip NY 11795
631-620-3744

Southdownmarketplace.com



Please visit
southdownmarketplace.com
for our full catering menu

Eat Better.

MEAT

Choice Beef
Bone In
Shell Steaks

\$12⁹⁹
LB

Chairman's Reserve
Boneless
Pork
Butt

\$2⁹⁹
LB

Atlantic
Salmon
Fillet

\$13⁹⁹
LB



Choice Beef Boneless
Chuck Roll Roast

\$8⁹⁹
LB

Choice Beef
Boneless
NY Strip
Steaks

\$14⁹⁹
LB

Chairman's Reserve
Pork
Tenderloin

\$3⁹⁹
LB

Stuffed Boneless
Pork Chops
With Apple
Stuffing

\$5⁹⁹
LB



USDA Prime Beef
Top Round
London
Broil

\$9⁹⁹
LB



USDA Prime Beef
Flank
Steaks

\$18⁹⁹
LB



Grade A
Chicken
Tenders

\$2⁴⁹
LB



Grade A
Whole
Chicken

\$1⁹⁹
LB



Natural
Ground
Chicken

\$3⁹⁹
LB

OPEN 7 DAYS • 8AM-8PM

SALE DATES: OCTOBER 2-8, 2026

FRI
2

SAT
3

SUN
4

MON
5

TUES
6

WED
7

THUR
8

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

DELI



Boar's Head
OvenGold
Turkey
(1/2 Lb Min)

\$10⁹⁹
LB



GRAB & GO
Thai Chili
Chicken
Bites

\$10⁹⁹
LB



Boar's Head Combo
Bologna &
Americna
Cheese
(1/2 Lb Ea)

\$6⁹⁹
LB



GRAB & GO
Vegetable
Lo Mein

\$6⁹⁹
LB



Southdown Marketplace
Boiled
Ham
(1/2 Lb Min)

\$7⁹⁹
LB



GRAB & GO
Ravioli
Bolognese

\$8⁹⁹
LB



GRAB & GO
Buffalo
Chicken
Flatbread
Pizza

\$5⁹⁹
10 OZ



GRAB & GO
Italian
Hero

\$9⁹⁹
8 OZ
+ TAX



Southdown Marketplace Combo
Mortadella &
Swiss Cheese
(1/2 Lb Ea)

\$7⁹⁹
LB



Domestic
Greek Feta

\$5⁹⁹
LB



Monterey
Jack Cheese

\$5⁹⁹
LB



Swiss
Emmental
Cheese

\$7⁹⁹
LB

PREP FOODS

We love food and we know you will love our food. Everyday you will discover appetizing and delicious, freshly prepared foods. **EAT BETTER**

Available at the Counter

Lemon Grilled
Chicken

\$10.99 LB

Buffalo Chicken
Salad

\$10.99 LB

Tri Color Tortellini
Salad

\$6.99 LB

Carrot Zucchini
Fritters

\$6.99 LB



GRAB & GO
Ravioli
Bolognese

\$8⁹⁹
LB

GRAB & GO
Buffalo
Chicken
Flatbread
Pizza

\$5⁹⁹
10 OZ

GRAB & GO
Italian
Hero

\$9⁹⁹
8 OZ
+ TAX

CHEESE

DEPARTMENT CHUNK ONLY

BAKERY



Southdown Marketplace
Classic Butter
Crumb Cake

\$4⁹⁹
2 PK



Southdown Marketplace
Mississippi
Mud Cake

\$5⁹⁹
2 PK



Maple Donuts Brand
Assorted
Donuts

\$6⁹⁹
12 PK



Café Valley
Lemon &
Chocolate Cake

\$5⁹⁹
16 OZ

Atlas
Organic
Extra Virgin
Olive Oil

\$13⁹⁹
25.5 FL OZ

Kraft
Sponge Bob
Macaroni
& Cheese

2 / \$4
5.5 OZ

Jif
Peanut
Butter

2 / \$6
15.5 OZ

Popp'd
Popped
Corn Chips

2 / \$6
5 OZ

C2O
Coconut
Water

\$3⁹⁹
33.8 FL OZ

SMT
San Mericano
Canned Tomatoes

2 / \$6
28 OZ

Newman's Own
Salad
Dressing

\$3⁹⁹
16 OZ

Loacker
Quadratini
Wafer Cookies

\$4⁹⁹
8.82 OZ

Skinny Pop
Multipack
Popcorn

\$5⁹⁹
6 PK

Olipop
Prebiotic
Soda

2 / \$4
12 OZ
+ TAX & DEP

SMT
San Merican
Pasta Sauce

\$5⁹⁹
24 OZ

Progresso
Broth

2 / \$5
32 OZ

Gulden's
Spicy Brown
Mustard

99¢
12 OZ

Stacy's
Baked Pita &
Bagel Chips

2 / \$6
7.33 OZ

Essentia
Ionized Alkaline
Water

2 / \$4
33.8 FL OZ
+ TAX & DEP

De Cecco
Pasta Cuts
#6, 7, 9, 11, 12, 24, 28,
33, 34, 40, 41 & 93 Only

2 / \$5
16 OZ

Lipton Secrets
Noodle Soup
Mix Only

2 / \$4
4.5 OZ

Heinz
Tomato
Ketchup
Original Only

2 / \$7
20 OZ

Kettle Brand
Potato
Chips

2 / \$6
5 OZ

Corona
Mexican Lager
Beer Bottles

\$10⁹⁹
6 PK
+ TAX & DEP

Three Wishes
Grain Free
Cereal

\$5⁹⁹
8-8.6 OZ

Bonne Maman
Fruit
Preserves

\$3⁹⁹
13 OZ

Made Good
Organic
Morning
Oat Bars

2 / \$7
5.3 OZ

FROZEN

Yasso
Frozen
Yogurt Bars

\$6⁹⁹
4 PK

Celentano
Ravioli Or
Tortellini

2 / \$7
12 OZ

Dole
Frozen Fruit
Excludes
Raspberries

\$3⁹⁹
12-16 OZ

Ellio
Pizza Slices

\$3⁹⁹
13-19 OZ

DAIRY

Starbucks
Iced Coffee

\$5⁹⁹
40-48 FL OZ

Chobani Greek Yogurt
Excludes Flips & Creations
Limit 1 Offer

10 / \$10
5.3 OZ

Breakstone Butter
Quartered

\$2⁹⁹
8 OZ

Stonyfield
Organic Milk

\$4⁹⁹
64 FL OZ

Borden
Shredded Cheese

2 / \$7
7-8 OZ

Polly-O
Ricotta Cheese

\$3⁹⁹
15 OZ

Land O Lakes
Large Brown Eggs
Limit 1 Offer

2 / \$6
1 OZ

PRODUCE

**RIPE
TANGERINES**

\$4.99
3 LB BAG

**CRISPY
LOCAL
APPLES**

88¢
LB

**ORGANIC
SWEET
SEEDLESS
RED OR GREEN
GRAPES**



\$4.99
LB

**FRESH
YELLOW
LEMONS**

5/\$2
EA

**MEXICAN
HASS
AVOCADOS**

5/\$5
EA

**TROPICAL
YELLOW
BANANA**

59¢
LB

**ORGANIC
SWEET
FUJI
APPLES**



\$2.49
LB

**GARDEN FRESH
GREEN
SQUASH**

\$1.29
LB

**FRESH
SUPER SELECT
CUCUMBERS**

5/\$3
EA

**FRESH
ROMAINE
HEARTS**

2/\$6
3 PK

**ORGANIC
FRESH
ORGANIC
GIRL SALAD
ALL VARIETIES**



\$3.99
5 OZ

**WHITE
CELLO
MUSHROOMS**

2/\$4
8 OZ

**FRESH
CELERY
SLEEVE**

2/\$3
EA

**FRESH
GREEN
ESCAROLE**

\$1.99
LB

**FRESHLY HARVEST
WINTER SQUASH
BUTTERNUT,
ACORN OR
SPAGHETTI**

98¢
LB

