

460 Montauk Hwy,
West Islip NY 11795
631-620-3744

Southdownmarketplace.com



Please visit
southdownmarketplace.com
for our full catering menu

Eat Better.

MEAT

Choice Beef
Flank
Steaks

\$13⁹⁹
LB

Grade A
Chicken
Tenders

\$4⁹⁹
LB

Chairman's Reserve
Pork
Tenderloin

\$3⁹⁹
LB



Choice Beef Top Round
London Broil

\$7⁹⁹
LB

Choice Beef
Boneless
Chuck
Roast

\$8⁹⁹
LB

Grade A
Whole
Chicken

\$1⁹⁹
LB

Chairman's Reserve
Whole
Pork
Baby Back
Ribs

\$4⁹⁹
LB



USDA Prime Beef
Porterhouse
Steaks

\$22⁹⁹
LB

USDA Prime Beef
Boneless
NY Strip
Steaks

\$26⁹⁹
LB



Atlantic
Salmon Fillet

\$15⁹⁹
LB



Marinated Boneless
Turkey Breast

\$6⁹⁹
LB



Apple Stuffed Boneless
Pork Chops

\$6⁹⁹
LB

OPEN 7 DAYS • 8AM-8PM

NOT TO BE COMBINED WITH ANY OTHER OFFERS. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.
WHILE SUPPLIES LAST. ONE OFFER PER HOUSEHOLD ON SALE ITEMS WITH LIMITS.

SALE DATES: OCTOBER 23-29, 2026

FRI
23

SAT
24

SUN
25

MON
26

TUES
27

WED
28

THUR
29

DELI



Boar's Head
Honey Maple
Ham
(1/2 Lb Min)

\$9⁹⁹ LB



Boar's Head
London Broil
Roast Beef
(1/2 Lb Min)

\$14⁹⁹ LB



Southdown Marketplace
German
Bologna
(1/2 Lb Min)

\$5⁹⁹ LB

Southdown Marketplace Combo
Cracked Pepper Turkey
& Muenster
Cheese
(1/2 Lb Ea)

\$7⁹⁹ LB



GRAB & GO
Buffalo
Chicken Bites

\$10⁹⁹ LB



GRAB & GO
Chicken
Parmesan
Over Penne

\$8⁹⁹ LB



GRAB & GO
Chicken
Stir Fry

\$9⁹⁹ LB



CHEESE
DEPARTMENT CHUNK ONLY



Notre Dame
Brie
Cheese

\$10⁹⁹ LB



Holland
Smoked Gouda
Cheese

\$6⁹⁹ LB



Baby
Swiss Cheese

\$6⁹⁹ LB

PREP FOODS

We love food and we know you will love our food.
Everyday you will discover appetizing and delicious,
freshly prepared foods. **EAT BETTER**

Available at the Counter

Teriyaki
Grilled Chicken **\$10.99** LB

Yellow Rice
Pilaf..... **\$5.99** LB

Vegetable Tuna
Salad **\$10.99** LB

Kale Avocado
Salad..... **\$9.99** LB




GRAB & GO
Mexican
Bean Salad

\$5⁹⁹ LB



GRAB & GO
Big Mac
Pasta Salad

\$7⁹⁹ LB



GRAB & GO
Turkey
Delight
Wrap

\$8⁹⁹ EA

BAKERY



Southdown Marketplace
Tiramisu
Squares

\$5⁹⁹ 2 PK



Southdown Marketplace
Sliced
Cheesecake

\$3⁹⁹ EA



Southdown Marketplace
Organic
Sourdough Batard
Original Only
• 100% Organic
Flour
• Naturally
Leavened

\$5⁹⁹ EA

We're Also Baking Up
These Flavorful Varieties
• Jalapeno Cheddar
• Everything
• Castevetrano Olive
• Sesame
• Death By Chocolate

GROCERY



Atlas Organic
Extra Virgin
Olive Oil

\$13⁹⁹ 25.5 FL OZ



Near East
Couscous &
Rice Pilaf

2/\$5 4.8-10 OZ



Magic Spoon
Protein
Cereal

\$6⁹⁹ 7 OZ



Popp'd
Popped
Corn Chips

2/\$6 5 OZ



Mountain Valley
Spring Or Sparkling
Water

2/\$6 + TAX & DEP 33.8 FL OZ

FROZEN



Edy's
Ice Cream

\$4⁹⁹ 1.5 QT



Eggo
Protein
Waffles

\$4⁹⁹ 12.3-14.8 OZ



SMT
San Merican
Canned Tomatoes

2/\$6 28 OZ



Lipton
Recipe Secrets
Onion Dip

2/\$4 2 OZ



Made Good
Organic
Crispy Squares

2/\$7 4.68 OZ



Skinny Pop
Multipack
Popcorn

\$5⁹⁹ 6 PK



Fever Tree
Drink Mixers
Glass Bottles

\$3⁹⁹ 4 PK + TAX & DEP

DAIRY



Ore Ida
Frozen
Fries

\$3⁹⁹ 13.5-32 OZ



Italian
Village
Ravioli

2/\$5 12 OZ



SMT
San Merican
Pasta Sauce

\$5⁹⁹ 24 OZ



Hellmann's
Mayonnaise
Original Only

\$5⁹⁹ 30 OZ



Tate's
Bakeshop
Cookies

\$4⁹⁹ 7-8 OZ



Stacy's
Baked Pita &
Bagel Chips

2/\$6 7.33 OZ



Just Ice Tea
Organic
Iced Tea
All Flavors

2/\$4 16 FL OZ

DAIRY



Kraft
Shredded Cheese

2/\$7 7-8 OZ



Starbucks
Iced Coffee

\$5⁹⁹ 40-48 FL OZ



De Cecco
Pasta Cuts
#6, 7, 9, 11, 12, 24, 26,
33, 34, 40, 41 & 93 Only

2/\$5 16 OZ



Sweet Baby Ray's
BBQ Sauce

2/\$5 18 OZ



Loacker
Quadratini
Wafers

\$3⁹⁹ 8.8 OZ



Kettle Brand
Potato
Chips

2/\$6 5 OZ



White Claw
Hard Seltzer

\$18⁹⁹ 12 PK + TAX & DEP

DAIRY



Organic Valley Milk
Excludes Grassfed

\$4⁹⁹ 64 FL OZ



Chosen Foods
100% Avocado
Oil Spray

\$5⁹⁹ 4.7 FL OZ



Annie's
Macaroni &
Cheese
Excludes Organic,
Vegan & Grassfed

2/\$4 5.25-6 OZ



Halloween
Candy
Fun Size
Varieties

\$5⁹⁹ + TAX 6-10.83 OZ

DAIRY



President
Butter
Salted Or Unsaltedd

2/\$6 7 OZ



Mush
Overnight Oats

2/\$5 5-5.5 OZ



Fage Natural
Sour Cream

2/\$5 14-16 OZ

PRODUCE

**LOCAL
APPLES**
ALL VARIETIES

79¢
LB

**YELLOW
LEMONS**

5/\$2
EA

ORGANIC
**GALA OR FUJI
APPLES**



\$1.99
LB

**TROPICAL
YELLOW
BANANAS**

59¢
LB

**NAVEL
ORANGES**

5/\$4
EA

**BEEFSTEAK
TOMATOES**

\$1.88
LB

ORGANIC
**SPRINGLEAF
YELLOW
OR GREEN
SQUASH**



\$4.99
2 PK

**ROMAINE
HEARTS**

2/\$5
3 PK

**MEXICAN
HASS
AVOCADOS**

98¢
EA

**SUPER SELECT
CUCUMBERS**

5/\$3
EA

ORGANIC
**EARTHBOUND
FARM
SALADS**
ALL VARIETIES



\$5.99
11 OZ

**BLACK BEAUTY
EGGPLANT**

99¢
LB

BEETOLOGY
READY TO EAT
WHOLE BEETS



2/\$4
17.6 OZ

**RUSSET
IDAHO
POTATOES**

2/\$5
5 LB BAG

**SWEET
VIDALIA
ONION**

88¢
LB

